

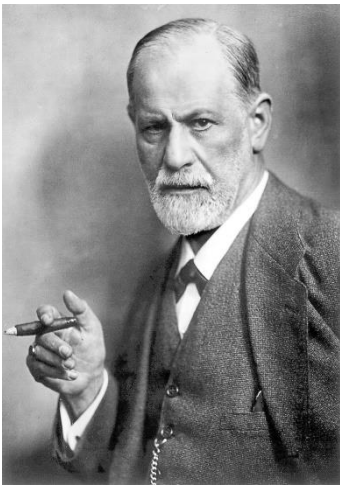
# Psychology Bridging Work – Task 1 – What is Psychology?



## Psychology – The science of the mind and behaviour



This task is designed to give you a better understanding of what Psychology is, by looking at some of the key theorists from the A-level course. I'd like you to use the internet to gather key information on the ones below. Look at the time periods they were alive (and so worked in), what there approach to psychology was and what their key research was in each case. Make notes in the boxes below:



**Sigmund Freud**



**B F Skinner**

**Elizabeth Loftus**



**Mary Ainsworth**



**Stanley Milgram**

