

Summer 2 - Year 7 Name:

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Just reading through your books or a knowledge organiser is not always an effective way to revise. Instead, you should do something with the information. Choose an example of the revision methods on the pages or see if you can come up with another method.

The knowledge is evolutionary not revolutionary. Approximately half the knowledge is new and half helps you revise. Many of the activities are changing. We hope you enjoy them.

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#### Idea

Make some flash cards or PowerPoint slides. Make top trumps.



Make a poster.



Draw spider diagrams, or for the adventurous mind maps.



Plan a lesson

## Explanation

Write down key words, auotation, auestions or eauations on one side of a card. On the other side, write the definition or answer. Use them to test yourself.

Turn your notes into posters with lots of colour and illustrations. Summarising the key information in a different way is an effective way of learning and your brain will remember the colours more easily. Do the title last!

Write the topic/keyword in the centre of your page. Add everything you know in subtopics. Then explore each subtopic in turn adding more ideas. Colour/pictures help you recall.

Are there songs that stick your head. Change the lyrics to the information you want to learn. If you record and listen back it will be a more fun way of revising.

If you teach something to someone else the chance of recalling it is really high. This has been found to be the most effective way of learning something for the long term.

Take the keywords or facts that you need to learn and turn them into a story or a cartoon. The sillier the story the more likely you are to remember it.

Write a quiz. Design a game.

strip.

Write a story or comic



Playing is how we learn as young children and it is a very powerful way of learning throughout life. If we enjoy the game it helps us remember.

# Sharing the Love of Reading: 11-16-year olds



# One and Two-point Perspective Year 7 Art

#### Perspective

\* Perspective is a drawing method that shows how objects appear to get smaller as they get further away: \* Objects are drawn disappearing tomards "Danishing Points"; \* Manishing Points are located on a "Arrison Line" (or "Egy Level Line"). This is an imaginary line, level with the

versioning points we consist an everyon the speer as if you are looking up at them: those below the cyclevel line appear as if you are looking up at them: those below the cyclevel line appear as though you are looking down spon them.

#### ONE POINT PERSECTIVE

\* Lines converge towards one

vanishing point: \* Generally used when looking dow something long, like a road or





TWO POINT PERSECTIVE

\* Two vanishing points are used, both located on the Horizon Line: All lines (except curving or irregular lines) are drawn as either vertical, or going towards the vanishing points
 This is a very realistic drawing method.





Use the vanishing point in the center to create 3D forms







# Year 7 Summer term Making packaging for a speaker

# **Graphic Design**

Graphic design is the craft of planning and creating visual content to communicate ideas and messages. Graphic design is everywhere you look — from billboards to cereal boxes to mobile apps. Through incorporating different elements and principles, these designs can influence our perception and emotions.

#### 3 P'S OF PACKAGING :



In year 7 you will be designing packaging for a speaker for a specific user. You will be required to understand what packaging does, and why it is so important to have successful packaging.

How does the packaging protect the contents? What products need preserving and why? What features of the packaging promote the contents? How does the packaging stand out from other packaging?



Q Q Q

Graphical symbols are put on products to tell us things. Why have symbols been used and not words? Find out what these symbols mean. Look at products at home and find symbols used. Why do they have these symbols on them?

Graphic designers design logos. Company's spend lots of money on designing logos for their business. Why do you think logos are important? Can you identify these logos? What do they have in common? Do you think they are successful? Why?

# 3 P's of packaging

Protect – Promote – Preserve What do you think this means for packaging? Look at the packaging examples on the left, how do they promote, protect and preserve what is inside?

Have you seen this in your packaging when you have bought, for example, new trainers? Find out what this is for?

# Making your packaging

This term you will be designing and making your packaging for your speaker. You will be using plastic and cardboard for this. The plastic will be formed on the vacuum former and you will be gluing your graphics to cardboard.

Plastics are either thermo or thermosetting. The plastic you will use for your blister packaging is called HIPS (high impact polystyrene) and it is a thermo plastic. It will be formed on the vacuum former.







#### Adhesives

You will be using a range of adhesives (glues) for this project. What glue have you used this year so far? Why? There are different glues for different materials and functions. You will be using spray adhesive – find out what this is used for.

Watch these videos to learn what graphic design is and how good graphic designs can change our lives.

<u>https://www.youtube.com/watch?v=RxUwE9pvrhs</u> – a day in the life of a graphic designer <u>https://www.youtube.com/watch?v=Pq11dqPh\_6Y</u> – British graphic designer Margaret Calvert <u>https://www.youtube.com/watch?v=aV7TpiM8\_IA</u> – British graphic designer Harry Beck

#### Vacuum formed plastic

A vacuum is applied sucking the sheet into the mould. The sheet is then ejected from the mould.

#### HIPS plastic

High Impact Polystyrene, it is a tough, rigid plastic material with high impact strength which can be guillotined, punched, routered or sawn easily, and is readily available in a wide variety of colours



Euroslot A Euro slot is a flap for a product so it can be hung up

#### Cardboard

Cardboard is thick , stiff paper that is used, for example , to make boxes and models. It is made from paper pulp.



# The Eatwell guide



#### Exam Style Questions

- 1. How can you make healthy choices when eating starchy carbohydrates?
- 2. Name 3 vegetarian sources of protein.
- How many mls of fruit juice shouldn't you exceed a day?
- 4. Name 3 different plant based fats.

The Eatwell guide is a government guide designed to show you the proportions of different foods groups you should eat over a day or more.

<u>Tips on making healthy choices from the eatwell guide:</u>

<u>Fruit and vegetables</u>: eat 5 portions of fruit and vegetables a day, this should make up 1/3 of your plate a day, fresh, canned dried and fruit juice/smoothies all count, don't exceed 150ml of fruit juice/smoothie a day as it can cause tooth decay, try snacking on fruit over high sugar and fat foods,

<u>Potatoes, bread, rice, pasta and other starchy carbohydrates:</u> choose non-sugary cereals, leave the skin on potatoes, choose wholemeal options of foods such as bread, rice and pasta.

<u>Oils and spreads</u>: choose unsaturated fats such as vegetable oils and margarine over butter, use in small amounts.

<u>Dairy and alternatives</u>: choose lower fat options such as skimmed milk and low fat and salt cheese, choose low sugar yogurts and add fruit as a natural sweetener.

<u>Beans, pulses, fish, eggs, meat and other proteins</u>: eat more beans and pulses as they are high in fibre and fill you up for longer, cut the visible fat off meat, choose lower fat meat options, eat 2 portions of fish a week.

# Staying Hydrated

- It is important to drink LOTS of water every day.
- You should drink 2-3 litres, or 6-8 cups of water.
- If you exercise, you will need to drink plenty water.
- Most fruits and vegetables contain LOTS of water, often over 90%.
- Environmental Factors
- Water bottles and plastic bottles often DON'T get recycled.
- Take away coffee cups/tea/hot chocolate often CANT be recycled.

## How can you help?

- ALWAYS take a reusable bottle with you
- Use reusable coffee or tea cups when you can.



# Reference intake



Reference in take amounts: Kcal (calories) - 2000 Total Fat -70g Saturated fat - 20g Sugar - 90g Salt - less that 6g

These are rough guides, designed for an average person. Everyone will need different amounts depending on their height and weight.



# Do you recognise this colour coded traffic light system on food packaging?

## This is called your REFERENCE INTAKE.

They show you the MAXIMUM amount of calories and nutrients you should eat in a day. Most packaging has a colour coded label on the front to help you make healthy choices.

Red means HIGH in that nutrient Amber means MEDIUM in that nutrient Green means LOW in that nutrient

Reference intakes are not meant to be targets. They just give you a rough idea of how much energy you should be eating each day, and how much fat, sugar, salt and so on. The percentages represent how much of your reference intake is in the product, e.g. the product has 3.0g of FAT in it, that is 4% of 70g of fat.

#### Example exam questions:

How can I make healthy choices when choosing foods from the 'beans, pulses, fish, eggs meat and other proteins' section of the guide? (3 marks)

How much of my plate should be made up of fruit and vegetables per day? (1 mark)

How many grams of saturated fat is it recommended not to exceed per day? (1 mark)

Why is recommended not to exceed 6g of salt per day? (2 marks)

How can someone use the traffic light system to help them make healthy choices? (6 marks)

# <u>Roasted Tomato and Basil Soup</u>

Ingredients

- 1000g tomatoes
- 2 garlic cloves
- 2tbsp oil
- 1 onion
- 1 red pepper
- 1 tbsp tomato purée
- 1 stock cube
- 250ml water



1. Pre-heat oven to 180°C. Chop the tomatoes, peel  $\frac{1}{2}$  pack of basil (or mixed herbs) and crush the garlic. Place onto a baking tray.

4. Fry for 5 minutes



2. Season with salt and pepper, drizzle with oil and roast for 25 minutes.



3. Dice the onion and pepper.

Equipment

Knife

- White chopping board
- Frying pan

Baking tray

- Wooden spoon
- Metal spoon

Stick blender

#### Skills

until softened. Chopping, roasting, dicing, frying, boiling, measuring, blending, seasoning.





6. Pour in the water and stock cube and simmer



the fresh basil.

LIQUID BEFORE YOU TURN ON THE BLENDER.

# Practical Assessment 3: Chocolate chip cookies

## <u>Ingredients</u>

125g butter, softened
100g light brown soft sugar
125g caster sugar
1 egg, lightly beaten
225g self-raising flour
200g chocolate chips

<u>Equipment</u> Weighing scales Bowl Spoon Baking tray jug

<u>Skills</u> Weighing Whisking Shaping Baking



1. Pre-heat the oven to 190°C. Weigh out the butter and the sugar.



2. Cream the butter and sugar together.



3. Mix the egg in a jug and add a little at a time to the butter mixture.



3. Add the flour and chocolate chips. Mix well.



4. Split the mixture into 12 even balls, 6 per tray. Bake for 10 minutes until golden on the edges and soft in the middle. You can change this recipe to make: -Chocolate orange cookies -Cranberry and white chocolate cookies -Peanut butter cookies



Watch

this!

## Components of Physical Fitness

#### Aerobic Endurance

The ability of the heart and lungs to work hard to supply nutrients and oxygen to the muscles during exercise.

## **Muscular Endurance**

The ability of the muscles to work efficiently for long periods of time

# Speed

The ability to cover a distance quickly. There are 3 types of speed (Accelerative speed, Pure speed and Speed Endurance.

## Muscular Strength

The maximum force, measured in kilograms (Kg) or newtons (N) that can be generated by a muscle or group of muscles.

# Flexibility

The range of motion in all joints of the body and the ability to move a joint fluidly through its complete range of movement.

## **Body Composition**

The amount of fat to fat-free muscle mass.

Can you now link each of the physical components to a sporting example? E.g. what sport would you usually see flexibility being used?



Sport England posted an infographic on Twitter to give reasons why

walking for 30 minutes each day was important. Scan this QR code to see the benefits.



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## Components of Skill-related Fitness

Agility - The ability of a sports performer to quickly change direction without losing balance or time

Balance — The ability to maintain your centre of mass over a base of support. There are two forms of balance (static which is maintaining balance in a stationary position and Dynamic which is maintaining balance while in motion)

Co-ordination - The ability of the body to work together to move smoothly and accurately

Power – The ability to use strength and speed. It is the work done in a unit of time and is calculated in the following way Power-= Force (Kg) x Distance (m) / time (mins or seconds)

**Reaction time** — The time taken for a sports performer to respond to a stimulus, for example, the time taken for a sprinter to react to the starter gun.

## <u>Athletics</u>

Athletics events consist of three main areas. Running, Jumping and Throwing.

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## British athletes and achieving their goals



- 2. Why is rest and recovery important for an athlete?
- 3. What components of fitness would Mo Farrah need which is different to Sophie McKinna and why would these be important?



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# BIO-ENERGETICS (ENERGY IN BIOLOGICAL SYSTEMS)



## Knowledge Organiser: Year 7 Summer Term Part 2 Understanding computers and binary

#### Summary

Binary, is a number system that is made of two numbers. 1 and 0. Also known as base two.

Computers are made up of switches. If you turn on a light switch at home, a computer scientist would say that the light is 1. If you turned it off, a computer scientist would say that the light is 0. A typical computer has billions of switches. That's a million million switches. Another name for a switch is transist or.

Computer scientists love binary. Why? In simple terms, a computer is just switches. If we understand Yes/No questions we can code a computer to do what we want it to do. This is a form of

#### 'Computational thinking'.

Imagine a billion people standing by their own light switch and working as a team to make a mobile phone respond to text message. To get close to moder n computer/smart phone speeds each person would have to turn the switch at the same time and have to do this 4,000,000,000 in one second. All of actions in life are based on a number of binary decisions.

What is a computer? A computer can be instructed to accept, process, store and output data. That could be a phone, a washing machine, a tablet, a TV or even the humble PC (personal computer).

Storage-stores programs and files long term, even when they are not in use. Devices such as hard drives, USB memory sticks or SD cards are used to store files such as photos, music and software applications long term.

An input device is any piece of computer hardware used to provide data to a computer system.

An output device is any piece of computer hardware used to communicate the results of data to audience.

A Switch	Input / O uput and storge devices
A B 1 0 1 1 1 1 1 1 1 1 1 1 1 1 1 1	SPEARES NEWTON An address of the sector of t
Binary and Decimal	MCROWENE Libert to get
10101 Level 1	FLEMY DOUS Land for damp
0000	dith for backgo at to transport data to swatter PC
	REPROVED The principal input The principal input device, and to have Commonly and to defer Aparticipal input Commonly and to defer
	instructions into the programm and store large used to make an- computer. Inuttimedia files, screen adjections, to fappy dialo.

Key Vocabulary	
Binary	1 or 0.Also known as base 2.
Computer	A hard ware device made up of switches. A switch can have a state of 1 or 0.
Computation- althinking	Methods that involve expressing problems and their solutions in ways that a computer could solve.
Switch	a device for making and breaking the connection in an electric circuit
Decimal	Base 10 also known as dienary. Symbols include up of 0 1 2 3 4 5 6 7 8 and 9.
Hardw are	The <b>physical</b> parts of a computer. Eg the touchscreen,
Input Device	Hardware that sends d ata to a computer, allow- ing you to interact with and control it.
Output Device	Hardware which converts information into hu- man-read able form. It can be text, graphics, tac tile, audio, and video.
Storage Device	Hardware on which information can be stored
Software	Software is the programs that run on a comput- er., referenced as apps.
Transistor	Another name for a switch.



#### http://bit.ly/2CTk1IV

KEEP

CALM

GO

Bitesize





# **Topics covered**

- $\checkmark$  Types of resources
- $\checkmark$  Finite and Infinite

resources

- $\checkmark$  Non-renewable energies
- ✓ Nuclear power
- $\checkmark$  Renewable energies
- ✓ Wind energy
- $\checkmark$  Waste and pollution
- $\checkmark$  The 3 R's
- ✓ Saving energy in the home

# Year 7 Knowledge Organiser: Go Green



## Key Ideas:

- 1. I can describe how fossil fuels form and can explain why people want to end their use
- 2. I can describe advantages and disadvantages of renewable energy types
- 3. I can explain different opinions on some controversial (not all people agree upon) energy sources
- 4. I can design an eco-home

# Skills

design

□ To read source information on energy types

- To use digital mapping (GIS) to investigate site factors
- $\square$  To research energy types using ICT
- □ To use numeracy skills to cost an eco-home

# Places and Environments

- & Scroby Sands,
- Norfolk Coast
- Sizewell power
  - station,
  - Suffolk

# Key Terms Used in this Unit

- □ Fossil Fuels
- 🗆 Finite
- □ Non-renewable
- Sedimentary Rocks
- Geological
- □ Carbon Dioxide
- Methane
- $\hfill\square Greenhouse effect$
- **Global Warming**
- $\Box$  Radioactive
- Landfill sites
- Recyclable
- □ Bio-degradeable
- Insulation
- □ Grey water
- **Conservation**
- Sustainable
- □ Passive home



#### Can you explain what Fossil Fuels are and how they form?

Huge amounts of carbon dioxide are given off into the atmosphere Carbon dioxide causes global warming or the coal-burning power stations also give off

sulphur dioxide gas which leads to acid

rain

Can you think of other reasons apart from these commonly used ones why we should reduce or even stop using them?

Advantages	Disadvantages
Nuclear power stations	Nuclear power stations
Produce no polluting gases, such as carbon dioxide	Produces radioactive waste which is very dangerous and expensive to deal with
Require far less fuel as uranium provides far more energy per kg compared to coal and other fossil fuels	Can have catastrophic consequences on the environment and to the people in the surrounding area in the event of a nuclear meltdown, such as at Chernobyl
Are highly reliable for the production of electricity	Have expensive start up and shut down costs



Nuclear power could be The most controversial of all of our other sources of power. Which groups of people might people be divided over its use?

We throw away many things but hazardous waste is particularly dangerous. Why do you think these substances are treated differently?



Toxic waste cannot just be landfilled. It is often too dangerous and can cause long term damage to our environment.

There are growing moves to reduce sources of toxic contaminants in the home, car and workplace.

Farmers are being urged to grow organically to reduce the amount of pesticides we consume. It is not always proven if there are links to serious illnesses but many suspect there could be and there are concerns over the 'food chain'.

The three main problems with landfill are toxins, leachate and greenhouse gases. Organic waste produces bacteria which break the rubbish down. The decaying rubbish produces weak acidic chemicals which combine with liquids in the waste to form leachate and landfill gas.



Are there any better ways we could deal with our waste?



Wind power has many advantages and disadvantages. Why have we not replaced all of our energy with Wind power?

Measuring your Carbon footprint means visiting a website like the WWF and entering in your data.

You may do this in class or as a HW. Make sure you keep a note of the Carbon figure it gives you.

Remember we can all do our bit but please do not become stressed or worried about this.

Our country is not alone as we all adapt to a changing climate but we do have technology and intelligent scientists working to solve some of the issues.





How does your Carbon Footprint look? Is there anything that could be done to make them smaller?

Can you give examples of when you have done each of the 3R's?



How could we improve the way we design and build our new homes?

> Sometimes called 'Eco-homes' these are designed to be more energy efficient than the average home. Often these homes have solar panels and different forms of central heating. Most homes today already recycle and use rain water on the garden. We could be closer to sustainable homes if developers are given stricter targets when building them. This is an important political issue.



German

<u>Module 5: Gute Reise! (Have a Good Trip!)</u>

Here is the vocabulary you will need for Module 5. Remember to listen to the German by clicking on the Soundfile links on the electronic version of this KO.

#### In der Stadt • In town

Es gibt .... Es gibt ein/eine/einen ... There is/are a ... Es gibt kein/keine/keinen ... There isn't/aren't ... in der Nähe von ... in der Nähe ... der Bahnhof(=e) der Imbiss(-e)/ die Imbissstube(-n) die Kegelbahn(-en) das Kino(-s) die Kirche(-n) der Marktplatz("-e) der Park(-s) das Schloss("er) das Schwimmbad(-er) die Eisbahn(-en) der Fischmarkt(=e) das Kindertheater(-) der Radweg(-e) das Sportzentrum (die Sportzentren) der Stadtpark(-s) der Wasserpark(-s)

There is ... / There are ... nearto nearby railway station(s) snack stand(s)

bowling alley(s)

market square(s)

swimming pool(s)

children's theatre(s)

(sports centres)

city/town park(s)

cinema(s)

church(es)

park(s)

castle(s)

ice rink(s)

fish market(s)

cycle path(s)

sports centre

water park(s)



Soundfile

In this Module you will learn how to:

- talk about what there is / isn't in a town
- Buy souvenirs
- Buy snacks and drinks
- talk about holiday plans
- Understand longer spoken texts.





#### Souvenirs • Souvenirs der Aufkleber sticker das Freundschaftsband friendship bracelet (baseball) cap die Kappe der Kuli biro das Kuscheltier cuddly toy die Postkarte postcard der Schlüsselanhänger key ring mug/cup die Tasse (football) shirt das Trikot Wie viel kostet ...? How much does ... cost? Wie viel kostet das? How much does it cost? It costs 16 Euros. Es kostet €16.





# German

Verkaufsgespräck	• Sales conversation	
Ich gehe einkaufen.	l am going shopping.	
Ich möchte	l would like	
Ich möchte kaufen.	I would like to buy	Soundfil
Haben Sie?	Do you have_?	
Kann ich dir helfen?	Can I help you?	
Sonst noch etwas?	Anything else?	
alles zusammen	all together	
Snacks und Getr	änke kaufen	
<ul> <li>Buying sna</li> </ul>	acks and drinks	
die Bratwurst	fried sausage	
der Hamburger	hamburger	
die Pizza	pizza	
die Pommes	chips	
der Salat	salad	
das Eis	ice cream	
die Cola	cola	
das Mineralwasser	mineral water	Soundfile
der Tee	tea 💛	
das Fleisch	meat	
der Ketchup	ketchup	
die Mayo(nnaise)/ Majonäse	mayo(nnaise)	
der Senf	mustard	
Ich möchte einmal/ zweimal/dreimal	l would like one/two/three	
Ich hätte gern	I would like	
Das macht €8.	That's €8.	
Ich esse gern.	l like eating	
Ich trinke gern.	l like drinking	4

Soundfile



#### In den Sommerferien During the summer holidays Was wirst du machen? What will you do? Ich werde ... I will ... Wir werden ... We will. klettern climb im Meer schwimmen swim in the sea rodeln toboggan bathe in the lake im See baden segeln sail an den Strand gehen go to the beach tauchen dive wandern hike windsurfen windsurf Was kann man dort What can you do there? machen? Man kann ... besuchen. 'One'/People/ You can visit ... Die Stadt ist bekannt für ... The town is well known for ... Ich werde (eine Woche) I will stay (for a week). bleiben.

**Soundfile** 

Read the Strategy Box for ideas to link sounds and spelling.

Soundfile





www.textivate.com Username:openacademy Password: surname700 Go to 'myresourses' to find your work.

## Year 7 History - Native Americans, Tudor England and the Reformation

Key words	
Native Americans	General term used to describe the hundreds of different tribes who have lived in North America for thousands of years, long before it was settled by white Europeans
Buffalo	A large mammal living in North America. Many tribes relied on the Buffalo as a source of food, shelter, clothing, medicine and many other uses
Nomadic	A way of life in which a tribe or group travels and settles temporarily rather than setting up towns, villages or cities
The Great Plains	An area of the USA covered mostly with grassland - once home to Buffalo and tribes such as the Sioux and Apache.
The Reformation	A process of religious change in early modern Europe, where much of Europe converted from Catholicism to Protestantism
Catholicism	A type of Christianity that believes that the Pope is the head of the Church and that the Bible and church services should be in Latin
Protestantism	A type of Christianity that does not believe that the Pope is the head of the Church and that the Bible and church services should be read by people in the own language
Henry VIII	King of England between 1509 and 1547. Most famous for his six wives, Henry was also important in making England a more Protestant country with himself as head of the English Church
Martin Luther	A German Protestant who wrote several important books/articles about religion that helped spread the Protestant religion around Europe

Some tribes lived on the Great Plains (see key words above). These tribes mostly lived nomadically and hunted the Buffalo, of which they used the entire body. For example, they lived in Tipis, a type of tent build from Buffalo hide. Plains tribes also frequently raided each other, and the white settlers once they arrived. It was the Plains tribes who were some of the last to be defeated by the US military around the year 1900. On the right is a diagram showing the many different uses of the Buffalo.

#### Native Americans

Before white settlers arrived in North America it was known as 'Turtle Island' and was inhabited by millions of people organised into hundreds of different tribes. Each tribe had their own way of life, including different diets, spiritual beliefs, languages and customs.

Some of the largest tribes were the Sioux, Navajo, Cherokee, Apache and Iroquois. Although up to 90% of the population were killed by white settlers, most tribes still remain today. However most of their original territory was taken from them and some now live in different regions to their ancestors.





#### The Tudors

The Tudors were a family who ruled England between 1485 and 1603. They are remembered for the amount that they changed England. One of the biggest changes they introduced under Henry VIII, Edward VI and Elizabeth I was the English Reformation. This was when England changed from a Catholic country to being a Protestant country.

Causes of the Reformation	Consequences
The Reformation in Europe	Protestants throughout Europe like Martin Luther helped spread Protestant ideas. These books reached England and many people began to change their religion.
Anne Boleyn	Henry VIII's second wife and a Protestant, Anne encouraged Henry to end his first marriage and convert to Protestantism. Henry eventually did this and fell out with the Pope.
Corruption in the Catholic Church	Probably exaggerated by Henry VIII, monks and other Catholics were accused of drinking, gambling and being too wealthy. As a result, Henry closed down their monasteries.
Actions of Protestant monarchs	Although Henry VIII was the one to bring in the Protestant Reformation, it was actually under Edward VI and Elizabeth I that Protestant changes occurred much more rapidly. Both introduced a 'book of common prayer' that was in English and preached Protestant ideas.







#### Edward VI, reigned 1547-1553

Henry VIII's only son and just nine years old when he was crowned King and dead by the age of 15, Edward never really had the chance to rule England. Edward was raised as a Protestant so England became more Protestant during his reign.



#### Henry VII, reigned 1485-1509

Henry VII took the throne by defeating the previous King, Richard III. Henry made efforts to control the barons in England. He taxed them heavily and punished them harshly for disobeying him.

#### Henry VIII, reigned 1509-1547

Determined to have a son of his own, Henry married six different women and had three surviving children. In the 1530s Henry claimed to have become a Protestant and changed the religion of England to Protestant with himself as head of the Church.



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#### Mary I, reigned 1553-1558

Mary was Henry VIII's eldest daughter and a strong Catholic. Nicknamed 'bloody Mary' she is often remembered for executing many Protestants but was also a strong queen in a difficult time.

#### Elizabeth I, reigned 1558-1603

Elizabeth was Henry VIII's youngest child and a Protestant like her brother. Often remembered as one of England's greatest queens, she continued to make England more Protestant, with increasingly harsh punishments of Catholics who resisted.



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Resolution

# Activities:



- Look up and define any of the key words in the purple box that you don't feel confident with.
- Look, cover and copy the key words in the purple box. Do this each day until you get the spelling of them correct.
   You could complete your learning of these words by getting a parent or sibling to test you on all of them.
- Read the extract from The Witches by Roald Dahl on the next page. Write down all of the adjectives you can see.
   Next to them, using a thesaurus if you have one, write synonyms that are more ambitious. For example, 'nice' 'pleasant', 'gracious', 'congenial'.
- Draw a picture of a witch or wizard. Surround it with words you would use to describe them (adjectives).
- Using the blue box to help you, try to create 10 metaphors. Use the theme of witchcraft and wizardry to inspire them.
   Example the witch's nose was a crooked crow's beak, waiting to peck anyone to death who came too close.
- Using the blue box to help you, create 10 similes. Use the theme of witchcraft and wizardry to inspire them.
   Example my father's famous liver and kidney stew bubbled and frothed <u>like</u> the threatening contents of a witch's cauldron.
- Write a short story (200-300 words) that involves a wizard or witch. Use first or third person and past or present tense, but make sure that this is consistent throughout. Use as many of the literary devices in the blue box as you can and make sure you include nouns, adjectives, verbs and adverbs that are ambitious and effective. Plan your story before you begin, using the narrative arc model on the next page.
- Read a book that explores elements of magic, witchcraft or wizardry (see the page above for inspiration). Then, write a review of it (100-200 words), detailing what you found most enjoyable and perhaps, what you didn't like so much. Imagine you are writing it for a website that young readers will look at to decide what to read next. The link under 'Suggested Reading' will take you to free audio books... including Harry PotterI (0)
- Using your poetry writing skills that you learnt last half-term, write a poem about witchcraft and wizardry or magic.
   For example, you might write a witch's spell in the form of a poem using rhyme, alliteration and onomatopoeia to make it sound strange and hypnotic.

#### The Witches by Roald Dahl

As far as children are concerned, a REAL witch is easily the most dangerous of all the living creatures on earth. What makes her doubly dangerous is the fact that she doesn't look dangerous. Even when you know all the secrets (you will hear about those in a minute), you can still never be quite sure whether it is a witch you are standing at or just a kind lady. If a tiger were able to make himself look like a large dog with a waggy tail, you would probably go up and pat him on the head. And that would be the end of you. It is the same with witches. They all look like nice ladies.

For all you know, a witch might be living next door to you right now.

Or she might be the woman with the bright eyes who sat opposite you on the bus this morning.

She might be the lady with the dazzling smile who offered you a sweet from a white paper bag in the street before lunch.

She might even — and this will make you jump— she might even be your lovely schoolteacher who is reading these words to you at this very moment. Look carefully at that teacher. Perhaps she is smiling at the absurdity of such a suggestion. Don't let that put you off. It could be part of her cleverness.

I am not, of course, telling you for one second that your teacher actually is a witch. All I am saying is that she *might* be one. It is most unlikely. But – and here comes the big 'but' – *it is not impossible*.



# YEAR 7 - REASONING WITH NUMBER Developing number sense



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# A job that relies on number skill:

A Stockbroker

A stockbroker is someone who buys and sells stock on the stock exchange. They buy and sell stock, as a normal person cannot walk into the stock exchange for example, and ask to buy stock. They can also advise people the best way to manage their stock.

- Key skills for stockbrokers
- •IT and maths skills
- •Ambition and determination
- •Ability to persuade
- •Communication skills
- •Strong decision-making skills
- •Ability to work in a high-stress environment
- •Very good negotiation skills
- •Ability to build lasting relationships.

# YEAR 7 - REASONING WITH NUMBER Sets and probability





Budget Analysts are well-versed in statistical

modeling and are expert mathematicians.

- Proficiency in data analysis and statistical forecasting.
- Excellent mathematical aptitude.
- Good problem-solving skills.
- Excellent written and verbal communication.
- Exceptional interpersonal skills.
- Attention to detail.

# YEAR 7 - REASONING WITH NUMBER Prime numbers and Proof





# A job that relies on number skills:





Things we love about being a maths teachers:

- Helping young people to achieve and move on to their next steps in life.
- Being able to work with lots of different people.
- Getting to do maths every day and keeping the brain sharp!
- Watching people who work hard be successful.

## Year 7 RS: How do Sikhs interact with culture and society ?

Key words	
Sikh	A follower of a religion called Sikhism.
Guru Nanak	The founder of Sikhism
Waheguru	The Sikh God
Punjab	An area in the Northern part of India were Sikhism was started by Guru Nanak.
Guru Granth Sahib	The holy book for Sikhs.
Gurdwara	The Sikh Temple-place of worship.
The Golden Temple	The Pilgrimage or spiritual place of worship for Sikhs.
Sewa	Serving others, showing love and kindness to all.
Langar	A community kitchen in a Gurdwara, food is cooked and served daily to everyone.

People of all religions are welcomed in and even allowed to say their own religion's prayers.

They must not take meat, alcohol or cigarettes into the Golden Temple and their head must be covered. They take off their shoes when they enter.

The central point of the Golden Temple is the known as the Divine Temple. Here one can see some of the earliest copies of the Guru Granth Sahib as during the day it is placed on the takht in this diwan hall. However, a newer copy is used in daily worship to protect the oldest one. The walls inside the Harmandir Sahib are carved with verses from the Guru Granth Sahib. People swim in the lake - it is known as a Sarovar (sacred pool) and is said to heal illnesses.

#### An Overview of Sikhism.

Sikhism is one of the world's major religions. It is the world's  $5^{th}$  major religion, with about 28 million followers. It began over 500 years ago.

Sikhs are people who follow Sikhism. Sikhs believe in One God, who guides and protects them. Sikhs see everybody as being equal in Gods eyes.

Leading a good life and making important choices are important in Sikhism.

The Guru Granth Sahib is the holy book in Sikhism. Sikhs worship at home and also in a Gurdwara, their Sikh Temple.

#### Pilgrimage in Sikhism.

The Golden Temple's real name is Harmandir Sahib. This means 'temple of God.' (Har means God, mandir means temple - you should remember this from Hinduism and Sahib is a way of showing respect to something. It's very similar to sa'lah'lah'hu'alla'him/'peace be upon him' in Islam.) It is built on a platform in the middle of a man-made lake, on a site chosen by Guru Nanak. This is in the centre of Amritsar, a Sikh city. It was first built in 1574. However it was destroyed in 1740 by a Mogul emperor and then was recaptured by a Sikh army and rebuilt. It was later built again in the 19<sup>th</sup> century out of marble and then the top half covered in gold leaf. There are 4 doors, one on every side to show that people of all races, religions and nations are welcome. Continued on the left



#### <u>The 5 K's</u>

Sikhs display their commitment to their religion by adhering to the 5 K's, which are the Sikh Articles of faith.

The 5 Ks are symbols of Sikh faith. Many non-baptised Sikhs will wear them, but all members, both male and female, of the khalsa (Sikh community) are obliged to wear them.

They will also change their name as a sign. Men who have joined the khalsa add Singh (meaning 'lion' to their name), showing they are strong & fearless, but also caring & kind.

Women add Kaur (meaning 'princess'), showing all women should behave & be treated like princesses. The commitment to the 5 Ks first came into place in 1699 when Guru Gobind Singh (the 10<sup>th</sup> guru) made the announcement that they should be worn as a display of faith and devotion to God. They are also a symbol of belonging to the Sikh Community. The 5 K's are Kesh- uncut hair, Kangha-comb, Kara-Steel bracelet, Kirpan- small sword and Kachera- shorts worn under their

#### Where and how do Sikhs worship?

Sikh temples are called Gurdwaras. They are built with a large central dome. Gurdwaras have 4 doors, one on each side of the temple. This shows that they are open to all people of any faith as Sikhs believe that everyone is equal and we all can and should worship together.

3 Principles all Sikhs live by:

Nam Simran: Remember God's name always.

Kifat Karna: Earn an honest living.

Everyone is obligated to work hard to earn a living if they are able They cannot have a job which hurts others (running a gambling business, making pornography, dealing illegal drugs, etc.) Shouldn't be about getting rich but just to help them live life.

<u>Vand Chhakna:</u> Share in charity with those who are less fortunate. This shows generosity and self-sacrifice. Sikhs believe that the best way to worship God is by caring for other people. We cannot love God if don't take care of his creations. All beings and creatures are His; He belongs to all.' This means respect for all living things because God is in everythingincluding animals. As a result, many Sikhs are vegetarian. They think they are stewards of the Earth so they also have to care for it as God created it.





Kneehigh Theatre Company are theatre practitioners based in Cornwall, England. They have been a theatre company for over 30 years.

Kneehigh's performances can be performed anywhere: Village halls, Big Tops, quarries, marquees etc.

They usually create their work from myths or storybooks and put their own unique twist using puppets, music, gender reversal, song and multirole.

Their performances have HIGH energy and can sometimes be considered a little silly. They definitely don't take themselves too seriously.

Multirole is where an actor plays more than one character.

A theatre practitioner is someone who produces theatre in a style that is unique to them.

# YEAR 7 DRAMA – KNEEHIGH THEATRE





Physical Theatre is a genre of theatre where physical movement is used to tell the story rather than dialogue.

Body as Props is where you use your body to create inanimate objects such as tables or chairs.

Narration is the telling the story, usually done by a narrator.

Direct address is talking directly to the audience.

Characterisation is how an actor shows a character to the audience.

Choral Speech is speaking as a group, either at the same time in unison or using canon to emphasise certain words or moments.

Exaggeration is making things seem larger than life.