



## Open Academy Parent Update 1<sup>st</sup> April

### WELL DONE EVERYONE - WE MADE IT TO EASTER!

You may be relieved to hear this is my last parent update until we return (virtually) after the Easter break on Monday 20<sup>th</sup> April.

So my main message is try to enjoy Easter!

This email therefore is just to offer a few suggestions for Easter activities - NOT virtual school - although I'm sure if some students have struggled to get going there are lots of activities that they can engage with if you desire.

1. Easter Activities
2. Food support
3. Food Tech Gallery 2
4. How to keep up with our E-book
5. Link to Mark's message

### Easter Activities...

#### A. Books and Reading...

As well as our own read-a-long there are a number of authors and publishers sharing reading content online - from reading their books, virtual book clubs, creative writing competitions and more.

Attached to this update is a PDF file listing some highlights and links to book related activities that students can access from home (over the holidays and beyond.)

It also links to sources to find reading books online (some of these have already been shared.)

If students take part in any of these activities we'd love to know (email Miss Ling with any creative writing/ pictures.)

#### B. The Open Youth Trust have an active program over Easter...

The Open youth team have organised and have started running online classes via the Zoom app which young people can sign up to. Staff are doing live streams and are creating regular videos around wellbeing, climbing, dance, creative writing, arts and crafts as well as lots more to keep young people engaged.

During the Covid-19 crisis they are utilising social media on Instagram, Tiktok, Twitter and Facebook @OPENNorwich to engage more young people.

Their regular online schedule is as follows:

**Monday**

ZOOM Drop In session 3.30pm - 4.10pm

**Tuesday**

ZOOM Junior Dance Classes 4pm - 4.40pm

ZOOM Creative Writing 4pm - 4.40pm (coming soon)

**Wednesday**

ZOOM MAS Photography 4pm - 4.40pm

**Thursday**

Online Gaming 4pm - 4.40pm

**Friday**

ZOOM Senior Dance 4pm - 4.40pm

**Saturday**

ZOOM Drop In 1.30pm - 2.10pm

ZOOM Jam Music 3pm - 3.40pm

- These classes and online sessions are for young people aged 11 -17. Our Junior Dance is for ages 7 - 11.
- The sessions are open to all young people whether they have participated in activities with OPEN before or are new to the organisation.
- If they are new then we will need a consent form completed by parent/guardian before young people start accessing sessions.
- Your children can sign up by emailing [activities@opennorwich.org.uk](mailto:activities@opennorwich.org.uk) stating which session they would like to join.
- If you have any questions about our programme which the youth team are delivering online, feel free to get in touch with the above email address.
- More information about our youth activities can be found online via our website here: <https://opennorwich.org.uk/youth-activities/whats-on>

**C. Indoor Activities shared by the Scouts**

There are loads of great ideas and activities if you follow this link to the scouts website - at the bottom of the page they note that some of the activities were originally designed to be group tasks so you will have to work out how to adapt them to you current circumstances - there is a link to hundreds more activities there too!

Follow the link below to get started!

<https://www.scouts.org.uk/the-great-indoors/>

**D. Project work**

Why not set them off on a project? See the attached Pineapple project or see below - remember these are just project ideas - We would encourage students to use these ideas for anything they are interested in!

The following is a suggestion based around the virus - they may be sick of it , they may be fascinated by it however, it is a good example of how to construct a project - you can use this as a framework to create similar activities to explore absolutely anything!

Activities could be loosely shaped to fill any subject (Coronavirus as the example) eg:

**History** – Design a video/lesson/activities that could be used in a History lesson 100 years from now. How would the lesson describe what it was to be a child during **the coronavirus pandemic**?

**English** – design a newspaper to run stories on how **the coronavirus pandemic** started and age it using wet teabags

**Science** – the science behind **viruses** – design a fun comic strip to explain how virus infect the body and how they make copies of themselves

**Art** – design a board game loosely based around **virus**. You win points/go forward on the board if you wash your hands well, sneeze into your elbow etc.

**Food tech** – You have a basic larder of ingredients – design a 3 course meal using those ingredients only!

## E. Don't forget... you have access to 5 office 365 licences

All our learners can download Office 365 for free on iOS/Android and Windows platforms. They may download from respective 'store' and login when prompted with Office 365 details. This is free for all our learners at Open Academy and can be installed onto up to 5 of their devices.

## Food support over Easter

# FREE PACKED LUNCHES

## Easter Holiday

We are providing free packed lunches during the April Easter Holidays on:

Monday	Tuesday	Wednesday	Thursday	Friday
				3 <sup>rd</sup> April
6th	7th	8th	9th	EASTER
EASTER	14th	15th	16th	17th

All pupils accompanied by a parent are welcome. **We do not ask questions only hand out the food.** The packed lunches can be collected between 12 pm and 1-30 pm from the Phoenix Centre on Mile Cross Road (100 metres before it meets Aylsham Road).

**Each packed lunch consists of:**

- ✓ A filled roll - meat or fish or vegetarian
- ✓ A fruit juice
- ✓ A piece of fruit, usually a banana or apple
- ✓ A yoghurt drink
- ✓ And a treat
- ✓ In addition, we also collect left over food from the supermarkets which you can take home.

**Our Motto is "Solidarity not Charity"**  
**we campaign to scrap Universal Credit.**



## Cooking gallery

Our second Gallery is attached to show what we have been making so why not join in - then take a pic and share with Miss Luter

**Link to Chapter 7 of the 'Read-Along'**

Please use this link and you will find it on this page...

<https://soundcloud.com/user-895185797/alices-adventures-in-wonderland-chapter-6>

## **Mark's Message**

<https://youtu.be/fZM8tN8GI1s>

As we approach this time of the year, we are reminded of an amazing act of love and sacrifice. Christians all over the world will be remembering and celebrating the death and resurrection of Jesus Christ. An innocent man who laid down his life for the whole world, the greatest act of unconditional love humankind has ever known. Through this, Jesus brought hope to everyone that they could have a brighter future.

We are living in unprecedented times at the moment and what the world needs right now is hope, healing and a future to look forward to. Let me take you back to the Easter story. On the Friday, after being tortured, Jesus was nailed to a cross in between two thieves and it was there that his life slipped away. His family and followers were devastated over His death. They loved Him and believed he was going to deliver them from Roman rule and persecution. He had also healed and set free so many people in His 33 years of life. When Jesus died, hope died too.

Thankfully the story didn't end there. Three days later on Easter Sunday, God raised Jesus from the dead, and as he revealed himself, hope eternal began to spring up, joy came and peace was restored.

Just like in the story of Easter, during this time we may feel that we have lost our hope, our peace and joy because of the current situation. Maybe we have had disappointments in our lives, dreams shattered and things that have died off, and it has left us in a place with little or no hope or peace. I just want encourage you to hold in there, don't give up, victory and change is just around the corner. Your Sunday is coming. Let hope and peace fill your hearts and minds today.

In closing, I just want to quote a verse of a hymn that has been such an inspiration to me and it goes like this

**Because He lives, I can face tomorrow  
Because He lives, all fear is gone  
Because I know He holds the future  
And life is worth the living, just because Jesus lives**

I pray that during this time that the peace, presence, and hope of Jesus will be with you, bringing you all that you need.