

Open Academy Update **18 September 2020** For parents and students – please do discuss the contents with your child!

Once again please accept my deep appreciation for your efforts in getting your children to the academy.

Attendance is again excellent this week and we have very few at home for any reason let alone COVID-19 isolation.

The other huge congratulations from me is on how well the students are turned out. Apart from a few boys who really need belts to keep their shirts tucked in, **uniform is exceptional in all years** with the odd issue down to a handful of situations which are actively being resolved. This is a great effort on your part and is most appreciated by us as it reduces the potential for conflict during these challenging times.

Please also congratulate your children on their catch-up efforts. Across the academy we have averaged over 140 students in hub sessions per evening - **almost everyone we have requested**. There are one or two who have tried to duck out, but it is so important they catch up; continued avoidance might mean we need to consider an alternative to support those students to catch up. If required therefore, I may consider the need to introduce Saturday morning catch up for those few who are unable to fit it in during the week.

I would like to make a couple of pleas to try to keep things working as smoothly and safely as possible.

Hand sanitiser. We have noticed a couple of people bringing in their own. As we don't know what is in these or whether they meet our risk assessment criteria of at least 70% alcohol and hypo allergenic, we would rather they used the sanitiser provided. If you would prefer that they did not use this, then we are asking them to use the soap and water provided in the toilets and wash thoroughly for 20 seconds, so please do discuss this with your child.

Arrival. As the weather takes a turn for the worse, it is difficult to maintain the bubbles at the start of the day indoors, so we would encourage your child not to arrive too early. We need year 7s to arrive by 8.25am as they set off earliest from the atrium, and all other students need to be in their areas by 8.30am, however we would discourage them from arriving more than 10 mins before those times as they may be waiting outside in difficult weather conditions. We do have plans if the weather is atrocious, but they involve compromises that we would rather delay as long as possible.

Homework & Marking. Due to COVID-19 restrictions, staff cannot mark your child's books as usual. We are therefore asking that teachers set homework that reflects what your child has done in class **via TEAMS to be completed online**. Staff can then mark the work virtually. It is therefore vital that all students complete the work set, on time online. Loaned equipment has not been collected in to facilitate this and as far as we are aware, most students are able to access TEAMS from home on at least one device. It does mean however, that completion of homework is not optional. The homework timetable is now out, and it defines which weeks and subjects should have homework completed. Please do all you can to encourage your child to digitally hand it in on time - if they don't, they will miss out on crucial teacher feedback. If they have difficulties accessing TEAMS, they need to discuss it with their assistant head of year as soon as possible. Please note that the Year 7 homework start will be delayed by two weeks until we are sure they are all fully trained in the use of TEAMS.

We are most keen to ensure that we continue to develop our use of TEAMS as we know that if further proposed local lockdowns occur, we will be expected to continue to deliver education as we did before the summer break. Using TEAMS to solve the marking issue and to deliver homework is the best way we can think of to ensure we are able to switch quickly to online or 'blended' learning if as and when we need to.

Finally, a note about our Open Evenings. We would normally be looking forward to welcoming parents of Year 6 children in to look around and see what we are about. For obvious reasons that would be ill advised this year, but have no fear, we will be running a virtual Open Evening on Wednesday, 7 October for those interested in gaining a place in Year 7. Our 6th Form event is due the following week on Thursday, 15 October. More details will follow and be sent on to the primary schools shortly.

Please do make sure you catch up with your child's year team notices below and the general information which you might find of help. Once again, I am attaching the COVID-19 safety information sheet that we sent out last week for your convenience. It does have a handy guide to what to do if your child is ill section.

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1. Covid Home/Academy Agreement

Please find attached our Covid Home/Academy Agreement for you to read and discuss with your child. Please sign and return to reception for our records. If you need a printed copy, students can pick up from reception.

Mr Wilkinson
Assistant Principal

2. Year 7 News

Another fantastic week for Year 7s, lots of achievement points. We are extremely proud of you all. Thank you to parents/carers for their continued support.

Firstly, a couple of reminders:

- Can all students be in the atrium no later than 8.35am. This is to ensure that staggered start for all year groups is successful and keeping the year bubbles apart as much as possible.
- At break time and lunch times Year 7s need to leave the class rooms quietly as the other year groups are still in lessons.
- Please refer to the appearance policy for uniform. Ties should be done up correctly, top buttons of shirts done up and tucked in. If for any reason a student is not in correct uniform, parents/carers need to advise the school for the reason. Home will be contacted for anyone not in correct uniform.
- Attendance please look at the information provided below. Please can you refer to this before making the decision to keep your son/daughter at home. Students with an overall attendance of below 90% for one academic year will have missed 4 weeks or more of learning.

Shout out for the super stars of the week to Warren Middleton and Dylan Morter who have been the legends of the lesson in Music for Year 7

Achievement points for the week:

C7 – 137

D7 – 283

I7 – 75

R7 – 812

Well done D7 an amazing result, you are way out in front this week.

The closing date for the leadership roles was today. We have had some great applications and aim to let the students know next week if they have been successful.

Mrs Hewitt-Coleman - Head of Year 7
Mrs Lamb Assistant - Head of Year 7

3. Year 8 News

A wonderful first full week for Year 8 where students are settling nicely back into the school routine. All Year 8 students have been following the new layout of the school and of the new timetable with ease and for that, we're very proud of them!

- Our attendance this week has dropped from the amazing 99% in the first week to approximately 94%. We understand that students are feeling the effects of using up a lot of energy again after such a long time in lockdown (teachers included) but please send in your children where possible so that they don't miss key lessons as they begin their educational journey in Year 8.
- Talking of catching up, we've had an excellent start to the after-school hub sessions where students are working through our recovery curriculum programme, with almost full attendance all of this week so far. Students are developing key skills that might have been missed during lockdown, that will eventually help them come Year 11, providing them with great educational benefit. If you, as a parent or guardian, take issue with your child attending hub sessions, please contact the Year 8 office immediately.
- A quick note on uniform – during our line ups before tutor time, we must congratulate the majority of our students for looking incredibly smart and professional. However, some students are continuously forgetting that trainers, leggings and jewellery are not part of the school uniform policy. Please can we ask that you check your child is in proper school uniform before leaving in the morning, or has the right uniform in their bag to change into once they reach the academy. If you have any questions, our policy is posted on the school website.
- This week, students have been submitting applications to become student leaders for the year ahead, including Head Boy and Girl, Open Voice members and Prefects. We will have a difficult decision to make over the weekend and will be announcing leadership roles at the beginning of next week.
- Finally, onto the shout-outs! Some incredible achievements so far this week and here are some honourable mentions:
Jacob Cook
Harisan Martin
Ebon Gossland
Chloe Blackwell
Ashton Taylor
Ariya Rashid

Wishing you a wonderful weekend,

Miss Lines – Head of Year 8

Ms Moss and Mrs Smith – Assistant Heads of Year 8

4. Year 9 News

It's been a good full week back and been heartening to see students back in lessons and adapting to our new routines brilliantly. The learning hubs have been well attended after school and we wanted to thank the students and parents for their commitment to their learning.

Thank you again for your efforts to encourage your child to follow the uniform policy, there has been a huge improvement this week now the students are settling into school life.

Top achieving students this week are Nathan Freeman, Paige Berry, Ashton Buck, Ryan Howes, Erin O'Neill, Toby Thompson, Jude Ambramson, Lilli Aldis, Lauren Aldous, Eadie Ambrozevich and Tommy Bluett. Well done to these students, but well done to all of Year 9. We have had lots of comments from teachers complimenting our Year 9s in lessons.

Just a reminder that the school photographer will be in school on Monday.

We are in the process of choosing head boy and girl for Year 9 and also prefects and environmental and charity leads. The deadlines are today but still open to applications on Monday.

Mr Lambert - Head of Year 9

Mrs Roe - Assistant Head of Year 9

5. Year 10 News

Well done for another really positive week Year 10! We have been so impressed with how all of the students have returned to school and how hard they are working. We have also seen uniform improving this week but can I remind parents of our appearance policy regarding trousers. Most students are wearing their blazers at all times. Next target to keep those shirts tucked in!

House points stand at 295 this week and well done to all of those who have excellent weekly totals! The week's top five are:

| | |
|----------------------|----|
| Riley Hogarth | 13 |
| Jessica Druce | 12 |
| Domnique Benga-Bante | 11 |
| Harley Roxby | 11 |
| Mackenzie Culley | 9 |

We had a positive start to our new hub lessons this week, it's been so great to see the students working hard – this will stand them in excellent stead moving through their GCSE years.

Students have also been applying for leadership positions this week and I'm looking forward to being able to announce our new Year 10 Leadership Team in next weeks' newsletter!

Mrs Clayton – Head of Year 10

Mrs Roberts – Assistant Head of Year 10

6. Year 11 News

Year 11 have now completed a full week and we have seen a very mature and purposeful effort from them. Staff have been full of praise for their attitude and efforts. We are particularly pleased with their attendance at Hub sessions, with about 97% of students present on the day attending. This is vitally important as staff provide an additional opportunity to prepare for the summer examinations. Students must use these to their full advantage and work hard, purely attending will not be sufficient.

Attendance this week has been low, at 89%. Every lesson missed significantly decreases progress and the ability to perform to their full potential in the summer exams.

Mrs Pearsall – Head of Year 11

Mrs Middleton – Assistant Head of Year 11

7. Sixth Form News

Firstly, well done to Year 12 for completing their full NCS week. They have done brilliantly. In other years, this week would have been spent on a residential, so have done very well under the new circumstances. I hope they enjoyed it and feel they got something useful out of it. They will be off timetable on the following dates to complete their School Action Project with NCS: Monday, 21 September, Monday, 28 September, Monday, 5 October, Thursday, 15 October and Monday, 19 October.

Many thanks to all of the students who have volunteered for the leadership roles in their tutor and year groups. A final decision will be made, and all names will be announced next week!

Year 13 only: Further to some considerations, and taking into account the student voices, we have come to the decision to allow students to work from home during some of their private study sessions. We can only allow those sixth formers with a proven track record of working really effectively in private study time to apply. That means Year 13s who have always kept on track. There are three different slots in which we can authorise students to work from home:

AM (the student has no subject lessons P1-P3)

PM (the student has no subject lessons P4 & P5)

Full day (the student has no subject lessons all day)

Please note that if students have lessons at any point in the morning (P1-P3) they will have to attend tutor time registration as normal at 8:40am. If they have any lessons in the afternoon (P4 or P5), you will have to be in the Academy by 1:00pm for your registration. This is vitally important for both safeguarding and in case of a fire drill.

If you would like to be considered to go home during private study periods, please can you email me with your days for week A and week B.

I have to apply to SLT for each case. They will review and decide each case based upon my recommendation.

Any student that has fallen behind in any of their subjects will automatically be placed in the hub that week, and as such will not be permitted to leave the Academy during their private studies at all. As such, the rules around who can stay at home during private study sessions may, and most likely will, change on a weekly basis. We trust that students will continue to work during their private studies if they have been permitted to do so from home. Our aim has always been to help students to achieve and be the very best that they can be at OA6.

And finally, the upcoming **UK University & Apprenticeship Search Virtual Fair** is taking place on Wednesday, 14 October from 12:00-18:00. The event is free, it will feature over 80 universities, colleges and apprenticeship providers, and it's open to students in Years 13, 12 and 11.

For more information about the event, please [click here to open it in your browser](https://ukunisearch-east.vfairs.com). Students will need to register themselves for the event, so please visit <https://ukunisearch-east.vfairs.com>. This will be a great insight into what is on offer after Sixth Form, so I would strongly suggest all students register for this.

Have a wonderful weekend everyone 😊

Mrs Molloy
Head of 6th Form

8. Careers & Higher Education News

Careers

Whilst it is difficult at present to arrange face to face encounters between our students, employers and higher education providers there are still lots of careers opportunities for Open Academy students to take advantage of. The idea of Virtual Work Experience (VWEX) is rapidly becoming popular as a way for young people to learn and understand more about the workplace and meet employers. Over the next couple of months there are a number of events on offer in a wide range of careers such as engineering, medicine, psychology, digital and accountancy and as these are online encounters students have the advantage of meeting employers much further afield. Please see below Virtual Work Experience for further details and how to sign up, but be aware places are popular!

All students from Year 11 upwards currently have access to the careers platform Unifrog which offers a wealth of information, advice and guidance on subject choices, post-16 options, universities and apprenticeships. Students who have not already done so should sign up with their Open Academy email address and create their own personal account where they can research career interests, make shortlists and get help with writing CVs and applications. The link is available at www.unifrog.org and from next week Years 9 and 10 will have access to the platform too. Year 11 students can also sign up to the Norfolk careers information website Help you choose www.helpyouchoose.org which is a helpful source of information on local schools and colleges and the most up to date information on the courses which are being offered and when virtual 'open' events are happening.

Virtual Work Experience Opportunities (VWEX) – September/October 2020

Price Waterhouse Coopers

Get into Accounting with PwC:

- 29th September, 4pm - 5pm
- Careers in Accounting (workshops, Q&A + an overview of PwC opportunities)
- What it's like working for a Big 4 firm
- Parents and guardians are also welcome to join
- <https://www.surveymonkey.co.uk/r/H2C65G8>

Get into Technology with PwC:

- 30th September, 4pm - 5pm
- Careers in Technology (workshops, Q&A + an overview of PwC opportunities)

- Cyber security, AI, robotics and all things tech!
- What it's like working for a Big 4 firm
- Parents and guardians are also welcome to join
- <https://www.surveymonkey.co.uk/r/HJJSMDV>

InVestIn – Opportunities in Medicine, Psychology, Engineering.....

<https://mailchi.mp/investineducation/7mwpbvydmd-996567?e=feffbe0576>

If you have any questions around careers information or guidance during the Covid pandemic, please contact me.

Ms Davies
Careers Facilitator & Assistant Head of 6th Form

NEACO

Hello, my name is Lucy and I am a higher education champion with neaco (Network for East Anglian Collaborative Outreach). I work with students in year 9 upwards to give impartial information to support with next steps, and exploring higher education choices. Neaco is made up of staff from 5 universities across the Eastern region and so I work closely at Open with my colleagues Carrie (an Outreach Officer from the University of East Anglia) and Annabel (a neaco Arts Champion based at Norwich University of the Arts). We are all happy to support you and your student.

I am currently working remotely but am in close contact with Ms Davies and staff at school and we are planning activities and sessions to support your student. I am always happy to answer any questions so please do contact school via Ms Davies if I can support in any way.

Further information about us can be found here - <https://www.takeyourplace.ac.uk/>

I know everyone is very busy settling into a new term and studying hard. I just wanted to pass on some thoughts to help with studying:

- Plan ahead! Work out when that deadline is and work backwards so that you have plenty of time.
- Be prepared – know what you need for each school day and organise this in advance.
- Try and minimise distractions – think about where you study and potential distractions from texts/social media alerts etc.
- Split up tasks so that you know exactly what you are doing in the time you have - don't try and write an essay in one go if you know splitting the task would work better for you.
- Plan in regular breaks – it will keep you motivated and alert. One method is to work for 25 minutes without stopping, have a 5 minute break and repeat a couple of times before taking a longer break.
- Keep motivated – work out your goal and remember the positives.
- Ask for help when you need it – people will be happy to help you.

Lucy Reynolds-McKay
Higher Education Champion
Network for East Anglian Collaborative Outreach

9. Science Revision Timetable

Science revision is on Monday evenings. Please see below the details of what will be studied. It highlights the sessions that are applicable for Years 9 and 10 as well as the compulsory Year 11s.

| Week Beginning | Topic | Year 9 | Year 10 | Year 11 |
|--|--|--------|---------|---------|
| 14 Sept | Specific Heat Capacity & Latent Heat | | | ✓ |
| 21 Sept | The Nervous System | | ✓ | ✓ |
| 28 Sept | The Atmosphere | | | ✓ |
| 5 Oct | Atomic Structure | ✓ | ✓ | ✓ |
| 12 Oct | Waves | | ✓ | ✓ |
| 19 Oct | Crude Oil | | ✓ | ✓ |
| HALF TERM | | | | |
| 2 Nov | Cells | ✓ | ✓ | ✓ |
| 9 Nov | Rate of Reaction & Reversible Reactions | | ✓ | ✓ |
| 16 Nov | Electromagnetic Spectrum | | | ✓ |
| 23 Nov | Energy Changes | ✓ | ✓ | ✓ |
| 30 Nov | Photosynthesis & Respiration | | ✓ | ✓ |
| 7 Dec | Energy Changes in Reactions | | | ✓ |
| 14 Dec | Forces & Motion | ✓ | ✓ | ✓ |
| XMAS HOLIDAYS | | | | |
| 4 Jan | Competition & Evolution/ Organising Animals & Ecosystems | | ✓ | ✓ |
| 11 Jan | Acids, Alkalis & Salts | | | ✓ |
| 18 Jan | Bonding | ✓ | ✓ | ✓ |
| 25 Jan | Disease | | ✓ | ✓ |
| 1 Feb | Magnets | | | ✓ |
| 8 Feb | Electrical Circuits | ✓ | ✓ | ✓ |
| HALF TERM | | | | |
| 22 Feb | Heat Transfer | | ✓ | ✓ |
| 1 Mar | Cell Division | | | ✓ |
| 8 Mar | The Periodic Table | ✓ | ✓ | ✓ |
| 15 Mar | Hormones | | ✓ | ✓ |
| 22 Mar | Chemical Analysis | | | ✓ |
| EASTER HOLIDAYS | | | | |
| 12 Apr | Genetics | | | ✓ |
| 19 Apr | Electromagnetic Spectrum | | | ✓ |
| 26 Apr | Quantitative Chemistry | | | ✓ |
| 3 May | Genetics | | | ✓ |
| * From this point revision will be focused student led topics to support their perceived needs | | | | |
| HALF TERM | | | | |
| Donates topics taught during Covid-19 quarantine period | | | | |

Mr Murray
Head of Science Faculty

10. Library News & Updates

- A reminder that students can request library books through our online library catalogue. Students can access our online catalogue via this link <https://u007886.microlibrarian.net/> or by using the link available in Teams. Students have been emailed their log-in instructions and a user guide is also attached.
- Students can also use our request form if they are not sure what they would like to read and would like a recommendation from the librarian. [This can be found here.](#)
- Can we also please ask that students in Y8-13 look for any library books they may have at home from before lockdown and return these to school as soon as possible. All students who have returned their books by September 30th will receive achievement points.
- Our after-school programme and extra-curricular clubs start next week- a timetable of activities is attached. Parents and carers must sign up in advance if they would like their child to attend. [Please use this form to sign up your child.](#)
- Finally, the deadline for entries for our Summer Reading Challenge is next Friday. If your child took part, please ask them to submit their reading challenge log on Teams or bring in a paper copy to the librarian.

Miss Ling
Librarian

11. Attendance

| | | |
|------------|--|---------|
| 1213CANGGO | | 95.33% |
| 1213JTH | | 99.55% |
| 1213LWK | | 100.00% |
| C7ABR | | 91.53% |
| D7NWA | | 97.20% |
| I7RBR | | 97.93% |
| R7SNA | | 96.43% |
| SRB7EOK | | 100.00% |
| C8SDD | | 96.88% |
| D8LGA | | 99.07% |
| I8RPH | | 97.50% |
| R8CDI | | 98.15% |
| SRB8EOK | | 100.00% |
| C9TTH | | 89.38% |
| D9ATH | | 94.57% |
| I9BLU | | 95.45% |
| I9SMC | | 93.24% |
| R9AED | | 100.00% |
| SRB9EOK | | 100.00% |
| C10KMU | | 97.76% |
| D10RHA | | 98.72% |
| I10ERO | | 96.91% |
| R10NST | | 95.83% |
| C11TSM | | 91.95% |
| D11MKN | | 97.53% |
| I11SRE | | 91.67% |
| R11CSM | | 92.00% |
| SRB11EOK | | 66.67% |

Week Ending 11.9.2020

| | |
|---------------|--------|
| Year Group 12 | 96.82% |
| Year Group 13 | 99.69% |
| Year Group 7 | 96.03% |
| Year Group 8 | 97.94% |
| Year Group 9 | 94.76% |
| Year Group 10 | 97.32% |
| Year Group 11 | 92.58% |

Many congratulations to the highlighted tutor groups and Year groups (including 6th Form) for week ending 11 September 2020.

Our school attendance for Years 7-11 for week ending 11.9.2020 was 95.80%. Well done all!

The whole school attendance, including 6th Form, for week ending 11 September 2020 was 96.12%. That is a fantastic achievement, given the current circumstances.

Attendance Lottery – As from Monday, 21 September 2020, we will be re-commencing the Attendance Lottery Reward System whereby all students in Year 7-11 will be entered into a draw and should the name drawn achieved 100% for the week, they will receive a £5 Amazon voucher. However, if the student had not achieved 100%, this will be rolled over to the following week, when a £10 Amazon voucher can be won.

If your son/daughter is ill and is unable to attend school, please contact the Academy on 01603 481640 option 1 or inform us via our absence email address: student.absence@open-academy.org.uk

Mrs Ganson
Attendance Officer

12. Chaplain's Reflection

COURAGE

"The best way out is always through."

Robert Frost

Over the past week we have seen some changes in the way which this pandemic is heading. Some of these changes are very discouraging and it almost seems like it's one step forward and two steps back. With this in mind, we come to the realization that we can't skip or go around the current situation, we have to go through it.

The Bible talks about a situation where some people had to persevere and go through something to get what they needed. Some friends brought a man who was paralyzed to see Jesus. When they arrived at a house where Jesus was, they couldn't get near Him because of the crowds gathered there. They tried everything to gain access to the house because they knew if they could get him to Jesus, Jesus would heal him.

The Bible then says that the friends went up on the roof and took the tiles off, made a hole and lowered the paralyzed man through the roof into the room where Jesus was. Seeing their faith, courage and perseverance, Jesus immediately healed the man and he walked again. The friends could have given up and skipped around the house and carried on their way, but they didn't, they literally went through it and got the miracle they longed for.

Let's be encouraged to keep going, we can't skip past and avoid what's happening but we can go through it knowing that there is always hope. I know that whatever we face in the future, we will always have the strength to get through, whatever life throws at us.

In closing the Bible says "Be strong and courageous. Do not be afraid or terrified because of them, for the LORD your God goes with you; he will never leave you or forsake you" (Deuteronomy 31:6).

God bless you, you are all in my prayers.

Mark Pimlott
Chaplain

13. Aspens School Meals Update & Menu

Ready to serve

As promised in our letter at the end of term, we want to take this opportunity to share further information with you about your school meal service.

Our goal continues to make eating at school a pleasurable experience and offer healthy and nutritious meals in line with Government guidelines. Over the last few weeks, we have introduced changes in line with the latest guidance by introducing new procedures and training in areas such as social distancing, food safety and enhanced cleaning regimes. This means that we can continue to produce and serve food safely for your children.

Here's a summary of what we have been doing, to give you reassurance as your children return to school:

Changes your children will notice

- We have reviewed how the children come into the dining room to make sure we allow for social distancing and minimise queue times.
- Changes have been made to service areas to avoid queuing, lingering and bottlenecks.
- Signs in the dining room and on plasma screens will give children a few helpful reminders such as only touching the food they are eating and to avoid sharing food or drinks with others.
- To limit what each pupil touches, we will not have any self-service salad bar options. These will be managed by our team eliminating the use of shared utensils.



14th Sept, 5th Oct, 26th Oct, 16th Nov, 7th Dec

WEEK TWO



| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|---|--|---|
| TRADITIONAL DISH  | Meatballs Chicken meatballs in rich tomato sauce, served with creamy mash | Chicken Burger Patty & Bun with Sriracha dirty slaw and dusted wedges | Beef and Veg Chilli Beef chilli with rice served with tacos and salsa | Sweet and Sour Sweet and sour chicken and vegetables, noodles & crackers | Fish & Chips Battered fish fillet with chips and mushy peas |
| VEGGIE DISH  | Meat Free Meatballs In rich tomato sauce, served with creamy mash | Quornadilla Spicy quorn and bean layered tortilla wrap with street corn and Fajita wedges | Veg Lasagne Roasted Vegetables layered with pasta topped with white sauce, garlic slice and house salad | Cauliflower Jalfrezi Lightly spiced cauliflower and lentil curry with rice and sweetcorn | Cheesy Bean Wrap Wholemeal wrap stuffed with baked beans and cheese |
| Hot DELI DELICIOUS DESSERTS | Our Hot Deli Range includes fresh dough pizzas, pasta & noodle pots, filled jacket spuds & paninis hot chicken wraps, wings & dusted wedges. We rotate our range throughout the week. | | | | |
| | Traybakes, fruits pots and dessert pots available | Traybakes, fruits pots and dessert pots available | Traybakes, fruits pots and dessert pots available | Traybakes, fruits pots and dessert pots available | Traybakes, fruits pots and dessert pots available |

7th Sept, 28th Sept, 19th Oct, 9th Nov, 30th Nov, 21st Dec

World KITCHEN

WEEK ONE

Aspens



| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------------------------|---|--|--|--|--|
| TRADITIONAL DISH | Bangers & Mash Pork sausage with mash, and baked beans | Burger Bar Patty & Bun with Sriracha dirty slaw and dusted wedges | Beef and Vegetable Bolognese Beef bolognese served with garlic slice | Chicken Curry Marinated chicken thigh in a mild curry sauce with rice, naan and cucumber raita | Fish & Chips Salt & Vinegar battered fish fillet with chips and peas |
| VEGGIE DISH | Bangers & Mash Quorn sausage with mash, and baked beans | Burger Bar Vegetarian patty & Bun with Sriracha dirty slaw and dusted wedges | Quorn Bolognese Quorn mince bolognese served with garlic slice | Sweet Potato Balti Lightly spiced sweet potato, chickpea and lentil curry with rice, naan and cucumber raita | Beet Burger Beetroot & feta burger with mint yoghurt green salad and chips |
| Hot DELI | Our Hot Deli Range includes fresh dough pizzas, pasta & noodle pots, filled jacket spuds & paninis hot chicken wraps, wings & dusted wedges. We rotate our range throughout the week. | | | | |
| DELICIOUS DESSERTS | Traybakes, fruits pots and dessert pots available | Traybakes, fruits pots and dessert pots available | Traybakes, fruits pots and dessert pots available | Traybakes, fruits pots and dessert pots available | Traybakes, fruits pots and dessert pots available |

We appreciate how many changes schools have made and we continue to work closely with them according to their individual requirements. We are experts in feeding school aged children and are really looking forward to seeing all of the children back at school. We also welcome the new starters!

You can contact us via email on info@aspens-services.com or call on 01905 759613. You will also find a host of information on our website – www.aspens-services.co.uk