

The PE Department currently consists of 5 members of teaching staff: Mr Richardson (Head of Faculty), Miss Whitwood (Head of Year 8), Mr Wilkinson (Assistant Principal), Mrs Pearsall (Head of Year 7) and Mr Lambert (Head of Year 10). Each PE teacher has a wealth of experience to ensure high quality PE and engagement is achieved. Students benefit from a knowledge-engaged PE curriculum to support health and wellbeing and are encouraged to lead healthy and active lifestyles.

Our link with Sheringham Football Club (SFC) allows us to develop the best 16- 19 year olds into high performing footballers either with Sheringham or beyond. Our coach and former professional footballer, Cedric Anselin brings both experience and knowledge to our course to ensure students improve as footballers for the next stage of their careers. The coaching our students receive runs alongside our BTEC Level 3 Sport course, allowing students the chance to receive both footballing tuition and academic qualifications.

The aim of the PE Department at Open Academy is to empower the students with the knowledge, values, skills and personal qualities to be confident in taking part in physical activities. We believe that PE is an opportunity to develop the 'whole' person. We truly value the extra-curricular opportunities available where our students' relationships, social development, health and enjoyment are firmly enhanced and promoted.

We aim to make Physical Education meaningful, enjoyable and accessible to all students, which is why we provide a varied programme of study throughout the Key Stages.

Key Stage 3 Aims and Objectives

1. Create and develop enthusiastic and confident lifelong learners in sport, who actively compete in sport outside of the academy.
2. Inspire students to try new activities outside their comfort zone or understanding
3. Generate understanding and knowledge which provides cross curricular links in other subjects
4. Encourage students to compete in academy teams, representing themselves and their peers in sporting events.
5. Create and continue links with the community and other outside agencies to increase and improve the opportunities that students have in sport.

Activities and Assessment

Sports each student has the opportunity to experience include – Football, Rugby, Aesthetic Movement, Badminton, Health and Fitness, Cricket, Handball, Dodgeball, Rounders, Athletics, Short Tennis, Lacrosse, Tag Rugby, Netball and Basketball.

Extra-Curricular activities are yet another way in which students are given the opportunities to participate in sporting activities in which we have a really positive link with the Community Sports Foundation (CSF) as well as entering academy teams in a multitude of sports competitions and Inter-House events.

Students are assessed through observations, video analysis and practical performance and a written content via homework, in which next steps are given in order to improve understanding and application. Students are provided with information and feedback based on the Head, Heart and Hands assessment model across Key Stage 3.

Key Stage 4 Aims and Objectives

1. Provide high quality teaching for students to achieve excellent academic qualifications in sport.
2. Encourage further participation in sport and healthy, active lifestyles.
3. Provide information and opportunities for students to see the wider sporting world, including future career paths.
4. Opportunities to complete an examination subject in sport, leading to successful post-16 applications and future development.
5. Develop and encourage students to compete in extra-curricular activities and Inter-House competitions.

Key Stage 4 Activities and Assessment

The activities on our curriculum are similar to those in Key Stage 3 with students having the opportunity to improve and develop their abilities in - Football, Rugby, Badminton, Health and Fitness, Cricket, Handball, Dodgeball, Rounders, Athletics, Lacrosse, Netball and Basketball.

Key Stage 4 students are assessed based on effort and performance in core PE.

We currently offer BTEC Sport at KS4 with the BTEC First Award (2018) being delivered. This course consists of four units over two years which covers fitness testing, practical performance, leadership and sports psychology. Students are assessed both internally and externally throughout the course.

Links: Please click the link below to see the course specification and ensure the Award 2018 tab is selected. <https://qualifications.pearson.com/en/qualifications/btec-firsts/sport-2012-nqf.html>

Key Stage 5 Aims and Objectives

1. Post-16 courses (BTEC Sport) building on the offer at Key Stage 4 ready for Higher Education or the world of work in the sporting environment.
2. Develop and prepare students for life outside education linking anatomy and physiology, fitness training, sports injury, sports business and professional development alongside many more.
3. Inspire and develop talented footballers with our link to Sheringham Football Club through both academic teaching and practical coaching.

Key Stage 5 Activities and Assessment

Two courses are offered – **BTEC Level 3 Extended Certificate** (Equivalent to one A-Level) this course can also be upgraded to the Diploma in Sport (Equivalent to two A-Levels)

BTEC Level 3 Extended Diploma (Equivalent to three A-Levels)

Both courses are assessed using both Exam and Assignments, with each being worth a percentage of the overall grade. Links: Please click on the link below to see the course specification and use the drop down menu to select the Extended Certificate or Extended Diploma.

<http://qualifications.pearson.com/en/qualifications/btec-nationals/sport2016.html>