



Collective Worship

Week Commencing: Monday 9th February 2026

Core Value: Integrity

Day 1	Day 2	Day 3	Day 4
Slides 2-4	Slides 5-6	Slides 7-10	Slides 11-13

Courage in every step, Faith in every journey.

Opening Reflection

Let us pause, breathe, and
take a moment to reflect.

Dear God,
Help us to be honest in our words
and actions.
Give us the courage to do what is
right, even when no one is watching.
May we treat others with respect,
both online and offline,
and live with integrity each day.
Amen.



This Week's Theme: Integrity

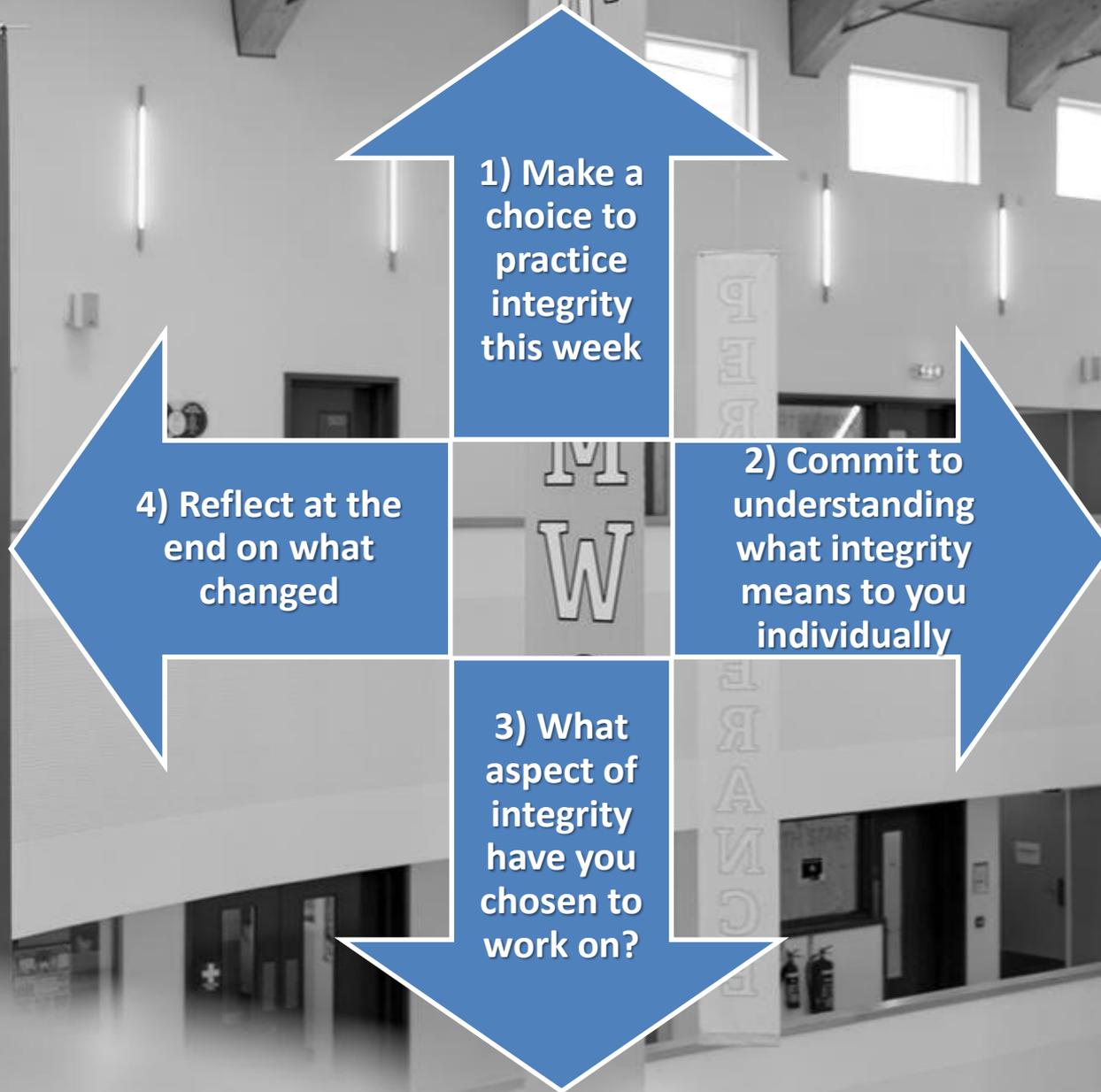
Integrity as a core value means consistently choosing to be honest, ethical, and responsible in your actions, even when it's difficult or when no one is watching.

Life gives us challenges. Integrity builds character and helps us become the people we are meant to be.

Think about some of the words below. What do they mean to you?



This Week's Challenge





A Story of Integrity

Daniel in the Lions' Den (Daniel Chapter 6 in the Old Testament)



Daniel was a respected official in the kingdom of Persia. He did his job so well—and lived so honestly—that his coworkers couldn't find anything wrong with him. Frustrated, they came up with a trap: they convinced the king to pass a law saying no one could pray to any god except the king for 30 days. The punishment? Being thrown into a den of lions. Daniel knew the law had been signed. And still—without hiding, without changing his routine—he went home and prayed to God, just as he always had. That's integrity right there: doing what's right even when it's costly, even when no one would blame you for stopping. Daniel was arrested and thrown into the lions' den. The king, who liked Daniel, couldn't sleep that night. At dawn he ran to the den and called out, hoping against hope. Daniel answered. God had shut the lions' mouths. Daniel's integrity didn't just protect him—it pointed everyone, including the king, toward God. His character stayed intact no matter the pressure..



A Story of Integrity

Integrity Is a Pattern, Not a Moment

Daniel didn't start praying because of the law—he prayed as he always had. Integrity is built in ordinary days, not emergency situations.

Integrity Shows Up When Doing the Right Thing Is Risky and Hard

Daniel knew the consequences and chose faithfulness anyway. Integrity often costs something—comfort, safety, or approval.

Integrity Doesn't Hide

Daniel didn't pray secretly to avoid trouble. He didn't make a show either. He lived transparently, the same in public and private.

A Life of Integrity Leaves No Easy Accusations

Daniel's enemies could only attack his faith, not his work ethic or honesty. Integrity doesn't make you liked—but it makes false accusations harder to sustain.

Integrity Can Influence Others

Daniel's faithfulness affected the king and the entire kingdom. One person's integrity can ripple far beyond their own life.



Reflection Questions



- Who am I when no one is watching?
What choices do I make in private that reveal my true character?
- Where am I most tempted to compromise my values?
Is it at school, online, with friends, or under pressure to succeed?
- What small “harmless” compromises have I been justifying?
How might those shape who I’m becoming over time?
- What would it cost me to do the right thing right now—and am I willing to pay that cost?
- If someone followed my example, would they be led toward honesty or away from it?





Story of Integrity: Nelson Mandela



- *Nelson Mandela was a South African leader who fought against apartheid, a system of laws that enforced racial segregation and discrimination. Because he stood up for equality and justice, he was imprisoned for 27 years, much of that time spent on Robben Island. After his release, Mandela chose reconciliation over revenge and worked to unite a deeply divided country. In 1994, he became South Africa's first Black president and helped guide the nation toward democracy. He is remembered worldwide for his integrity.*



Story of Perseverance: Nelson Mandela

Why his life shows integrity:

He Stayed True Under Pressure. Mandela spent 27 years in prison for opposing apartheid. He could have gained early freedom by giving up his beliefs—but he refused.

He Didn't Let Bitterness Define Him. After his release, he chose forgiveness over revenge, even toward those who imprisoned him.

He Practiced What He Preached. As South Africa's president, he worked to unite a deeply divided nation instead of using power for payback.

He Put The Greater Good First. Integrity for Mandela meant justice and equality, not personal comfort or popularity.

Integrity is doing what's right even when it's unfair, painful, or unpopular—and still choosing dignity in how you treat others.

Integrity:

Reflection Prompts

- **Private Choices:**

Think about a time you had to make a choice when no one was watching. Did your actions reflect your values? Why or why not?

- **Peer Pressure:**

When have you felt pressured to go along with friends or peers even though it didn't feel right? How did you respond?

- **Online Behaviors:**

How do your actions on social media or messaging apps reflect your real-life character? Are there ways you could improve?

- **Courage vs. Convenience:**

Recall a situation where telling the truth or doing the right thing was uncomfortable. How did you handle it, and what did you learn?

- **Role Models:**

Who do you know (or see publicly) that shows integrity? What can you learn from their example, and how could you apply it in your own life?

- **Personal Goals:**

What is one area of your life where you want to grow in integrity this week? What concrete step can you take?



Scripture Soundbites

1 Peter 3:16 – “Keep your words and actions honest so that others will see your good character.”



What does “Keep your words honest” look like in everyday school life? Think about moments when things get difficult to do this — how can you apply this to your learning, friendships, or personal goals?

The verse mentions “others will see your good character.” How will this benefit our lives and the community around us?

Who helps you have integrity when challenges arise, and how can you support others in living a life of integrity?

Food for Thought

1 Samuel 16:7

“For man looks on the outward appearance, but the Lord looks on the heart.”

What This Means for Us

- Being truthful in words, actions, and online life.
- Keeping promises and honouring commitments.
- Standing up for what's right, even if it's unpopular.
- Treating others with respect and fairness
- Owning mistakes instead of blaming others.

SAY  DO

WHAT MAKES IT CHALLENGING TO HAVE
INTEGRITY
IN OUR LIVES?

INTEGRITY IS
MAKING SURE THAT
THE THINGS YOU SAY
AND THE THINGS
YOU DO ARE IN
ALIGNMENT



Closing Prayer

Dear God,

Thank You for always knowing our hearts and guiding our steps. Help us to be honest and faithful, even when no one is watching. Give us courage to do what is right, even when it's hard, teach us to stand firm in our values and to live in a way that reflects Your character. Strengthen us to resist shortcuts, peer pressure, and dishonesty, and remind us that integrity is more important than popularity or success.

In Jesus' name,
Amen.

