



Collective Worship

Week Commencing: Monday 28th September 2026

Core Value: Perseverance
Theme: Thankful in all Seasons

Day 1	Day 2	Day 3	Day 4
Slide 3	Slide 4	Slide 5	Slide 6

Courage in every step, Faith in every journey.



Opening **PRAYER**

Heavenly Father,

Thank you for this new day and for all the blessings in our lives.

In every season, whether life feels easy or difficult, help us to be thankful for what we have and for the people around us.

When challenges come, give us the strength to persevere, the courage to keep going, and the faith to trust that we are not alone.

Help us to encourage one another, appreciate each day, and find something to be grateful for,

Day 1 – Thankful When Things Are Difficult

Theme: Thankfulness in all Seasons and Perseverance

Opening Reflection:

Think of a time when something didn't go the way you wanted. What helped you keep going?

"It's easy to be thankful when things are going well. But can we find reasons to be thankful when life is difficult?"

Perseverance means continuing to keep going when something is difficult or frustrating.

It doesn't mean pretending things are easy. It means:

This is difficult, but I'm not going to give up.

The Comparison Trap:

One of the quickest ways to destroy contentment is comparison. **What do you think this means?**

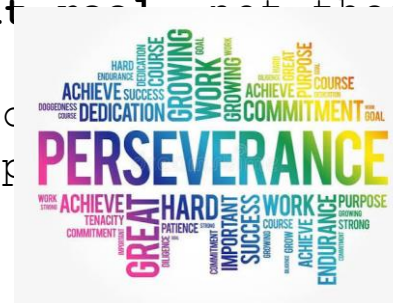
Social media often shows us someone's **highlight reel** not their whole life.

We can end up thinking I'm not good enough, I can't do this and my life isn't as good. This can rob us of our happiness.

Instead Ask:

What do I have that I can be thankful for?

Challenge:



IN
EVERY
SEASON,
BE
thankful.

@JENESSAWAIT

Day 2 – Paul: Thankful in Every Circumstance

Bible story: Paul and Silas in prison – Acts 16:16-34

Opening Reflection:

Imagine being beaten, thrown into prison and having your feet locked in chains.

Question: What would you be doing?

The Bible tells us Paul and Silas responded differently.

The Story:

Paul and Silas were arrested after telling people about Jesus. They were beaten and put in prison with their feet in stocks. Yet at midnight, **Paul and Silas were praying and singing hymns to God.**

They weren't pretending prison was enjoyable. They chose to worship **in the middle of difficulty.**

Then an earthquake opened the prison doors and their chains came loose.

The jailer thought everyone had escaped, but Paul and Silas stayed. As a result, the jailer and his household heard about Jesus.

What Can we Learn?

Gratitude doesn't require perfect circumstances.

Consider This:

Does this mean Christians should pretend everything is fine?

No. **We can acknowledge something is difficult while still finding things to be thankful for.**

Difficult situation + gratitude = a different perspective.

Paul and Silas could have thought, "Everyone else is free and we're stuck here." Instead, they focused on what they could still do: **pray, sing, encourage and trust God**



Day 3 — Finding Purpose Without Comparison

Theme: Thankful in all Seasons

Have you ever looked at someone else and thought, 'I wish I had their life'?

Nick Vujicic was born without arms or legs. Growing up, he faced bullying and struggled with being different. As he grew older, he chose to focus on what he **could** do rather than what he couldn't. He became an international speaker, encouraging young people to find hope and purpose.

The lesson:

Difficult things are still difficult, but we can choose where we focus.

If we constantly compare ourselves with others, we'll always find something we're missing.

Comparison has no finish line.

Contentment means being thankful for who we are rather than wishing we were someone else.

Challenge:

What is one thing about yourself you can be thankful for?



Scripture Sound Bite

"I have learned to be content whatever the circumstances... I have learned the secret of being content in any and every situation."

Philippians 4:11-12

Paul experienced prison, opposition and hardship, yet he says: "I have learned to be content."

Contentment is something we **learn**.

Thankful in all Seasons

Paul knew what it was like to have very little and to have plenty.

So:

- When life is going well – **be thankful**.
- When life is difficult – **look for what is still good**
- When someone succeeds – **celebrate rather than compare**
- When you don't have what you want – **remember what you**



NOTICE: What is good around me?

NAME: What am I thankful for?

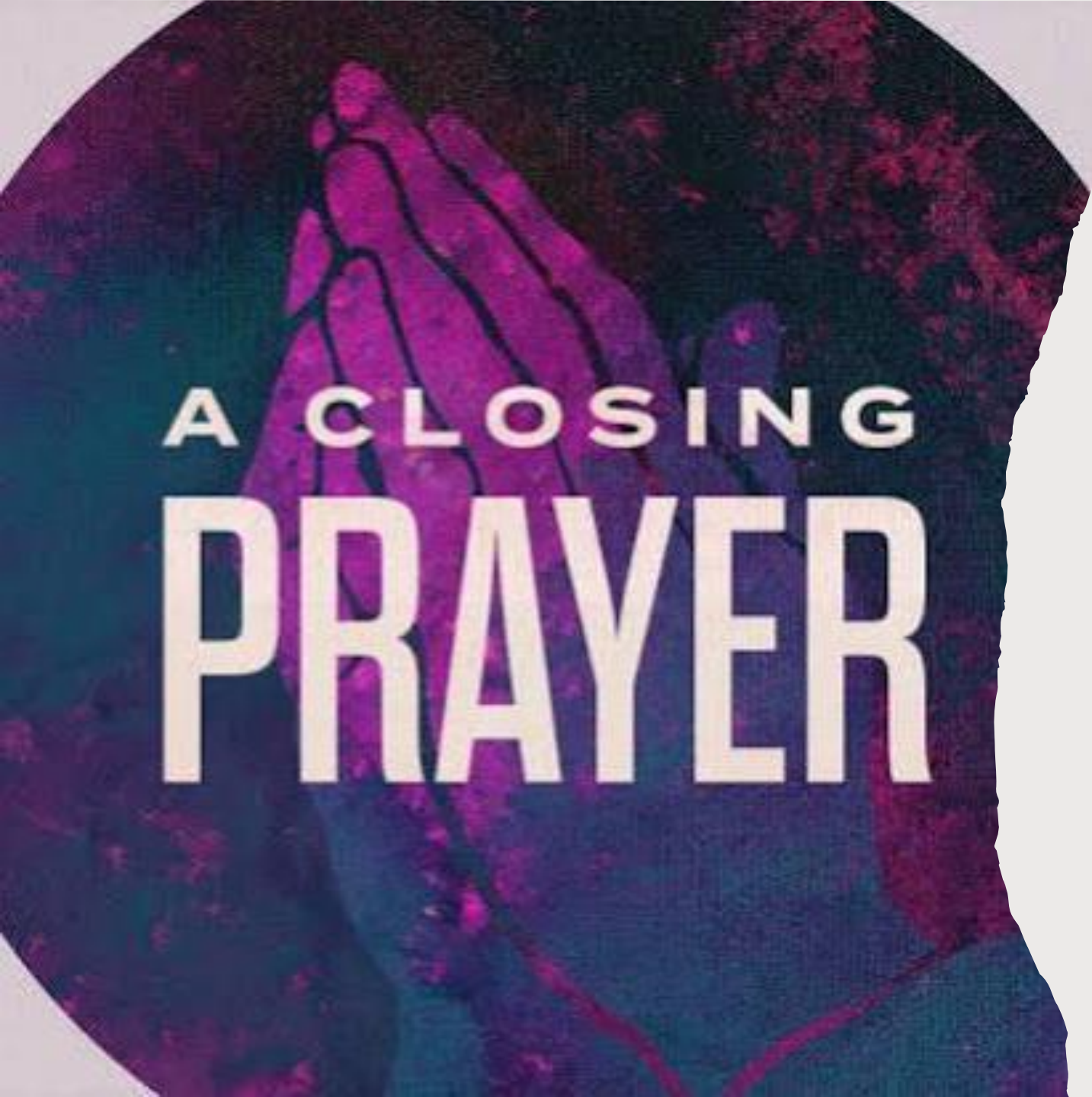
THANK: Say thank you – **to God, someone else**, or simply acknowledge it.

Final Challenge:

For the next week, before you go to sleep, name **three things you're thankful for**. You will wake up happier.

Final Thought:

Thankful in the good seasons. Thankful in the difficult seasons. Thankful for what we have rather than gratefully complaining it with what someone else has.



A CLOSING PRAYER

Heavenly Father,

Thank you for what we have learnt this week about being thankful in every season.

Help us to appreciate what we have, rather than comparing ourselves with others.

Remind us that we are each unique, valued and wonderfully made.

When we are tempted to think that someone else has more, help us to notice the blessings already in our own lives.

Give us grateful hearts,