

ASPIRATION | PERSEVERANCE | RESPECT

ENRICHMENTS

EXPLORE | DEVELOP | BELONG



LEARN



MAKE
FRIENDS



TRY
SOMETHING
NEW



BE THE
CHANGE



COURAGE IN EVERY STEP, FAITH IN EVERY JOURNEY

ENRICHMENTS

**JUST
SHOW UP!**

TURN UP, TAKE PART, HAVE FUN

No sign up needed. Check the weekly timetable for days, times and locations.



SPORTS



GAMING



CHOIR



BAND



**DUNGEONS
& DRAGONS**



THE LIBRARY



STUDENT LEADERSHIP

All student leaders have the opportunity to sign up via **Arbor**.



**DEVELOP
YOUR SKILLS**



**MAKE A
DIFFERENCE**



**GAIN
EXPERIENCE**



**REPRESENT
YOUR SCHOOL**



ELECTIVES

Sign up via **Arbor** for your six session programme.



**TRY
SOMETHING NEW**



**LEARN
NEW SKILLS**



**MEET
NEW PEOPLE**



**BUILD YOUR
CONFIDENCE**

EXTENDED PROGRAMS

TIMETABLE

These programs run once a week all year.
Sports activities may change each term based on the season.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 REHEARSALS FOR MSND 3.00 – 4.00	 KS4 RUGBY (NRFC)	 THE STUDENT LEADERSHIP AWARD 3.00 – 4.00	 REHEARSALS FOR MSND 3.00 – 4.00	 THE SCHOOL CHOIR 3.00 – 4.00
 THE LIBRARY WEEK B ONLY 3.00 – 3.40	 YEAR 8 FOOTBALL	 DofE 3.00 – 4.00	 THE SCHOOL BAND 3.00 – 4.00	 YEAR 7 FOOTBALL
 YEAR 9 AND 10 FOOTBALL		 KS3 RUGBY	 ALL YEARS NETBALL	 GAMES CLUB 3.00 – 4.30
 ALL YEARS VOLLEYBALL			 DUNGEONS, DRAGONS AND BOARDGAMES WEEK B ONLY 3.00 – 3.40	

All abilities welcome!

Try something new!

Build new skills!

Be part of something bigger!

ASPIRATION • PERSEVERANCE • RESPECT

A MIDSUMMER NIGHT'S DREAM

THEATRE
CREATIVITY
TEAMWORK
MUSIC
FUN



A CLASSIC
STORY
A MODERN
SOUND

A PUNK ROCK MUSICAL
BY WILLIAM SHAKESPEARE



When?

Rehearsals on
Mondays and
Thursdays

Check with Mrs Ormosi
and Miss Doe for details
around who is needed on
each day (depending on
what scenes you are
working on).



Where?

Drama Studio



Not part of the cast?

Come along to watch
the show at the
Soul Church!



16th, 17th and
18th March 2027

LOVE
MISCHIEF
MUSIC
MAGIC



GOOD
PLAYS
ONLY



ASPIRATION • PERSEVERANCE • RESPECT

THE SCHOOL LIBRARY

Enjoy
reading
♥



When?
Monday
Week B



Where?
The Library

A calm and welcoming space
to read, relax and discover
new books.



EXPLORE
NEW BOOKS



MEET
LIKE-MINDED
PEOPLE



BE
INSPIRED



A CALM SPACE
TO RELAX

Good Books

Brighter Futures

Belong Here ♥



ALL
ABILITIES
WELCOME!

GIRLS & BOYS
ALL YEAR GROUPS

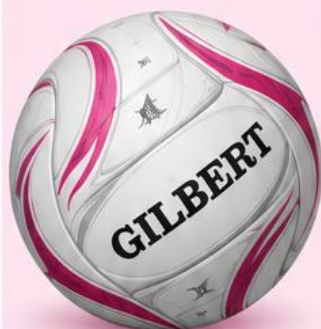
SPORTS AT OPEN

MORE
THAN
A GAME

GET ACTIVE.
MAKE FRIENDS.
BE YOUR BEST.

PLAY | LEARN | COMPETE | BELONG

NETBALL



FOOTBALL



RUGBY



VOLLEYBALL



DEVELOP
YOUR SKILLS



ATTEND FIXTURES
AND TOURNAMENTS



BE PART OF
A TEAM



BUILD
CONFIDENCE



MAKE
NEW FRIENDS



STAY ACTIVE
AND HEALTHY



REPRESENT
OUR ACADEMY

DofE

THE DUKE OF EDINBURGH'S AWARD



When?

Wednesday 3 – 4pm

Miss Pearsall will let you know in advance which groups is meeting.



Where?

Lecture theatre or S10
depending on the type of meeting.



Who?

Year 9 – Bronze
Year 10 – Silver



DEVELOP
NEW SKILLS



MEET
NEW PEOPLE



GO ON OVERNIGHT
EXPEDITIONS



GAIN A RECOGNISED
AWARD

FOUR SECTIONS



PHYSICAL

Be active,
improve
your fitness.



SKILLS

Learn
something
new.



VOLUNTEERING

Make a
positive difference
in your community.



EXPEDITION

Plan, train for
and complete an
overnight expedition.



Make
a
difference

STUDENT LEADERSHIP AWARD

Develop
your
skills

01



EDUCATION

Build confidence in lessons, discussions and presentations.

02



TRAINING

Practise leadership through teamwork, challenges and reflection.

03



WORK

Show employers and colleges that you can take responsibility and serve others.

04



SKILLS FOR LIFE

Build teamwork, communication, problem solving, resilience, respect and confidence.

05



REAL IMPACT

Create social action that improves our school and local community.

06



YOUR FUTURE

Stand out in applications and develop the skills you need for the future.



WHEN?

Wednesday



WHERE?

S56



MAX 20
PLACES

£20
for the
academic
year

Be the change

STUDENT
LEADER

- ☒ LEAD
- ☒ LEARN
- ☒ SERVE
- ☒ BELONG

BOARD GAMES CLUB

PLAY
CHAT
CONNECT



When?

Thursday Week B
3 – 3.40pm



Where?

S42



What?

Come along to play a variety of board games, card games, strategy games and Dungeons & Dragons. Meet new people, have fun and take a break from the school day!

DUNGEONS
& DRAGONS
WELCOME!



ASPIRATION • PERSEVERANCE • RESPECT

THE

SCHOOL ★ BAND

PLAY
CREATE
PERFORM
TOGETHER

GUITARS
DRUMS
KEYBOARDS
BASS
VOCALS
AND MORE...

MUSIC
BRINGS
PEOPLE
TOGETHER



When?
Thursdays
3 – 4pm



Where?
The Music
Room

School band is a new venture for Open Academy.
Play an instrument, work as a team and perform at
school events!



Play as part of
the MSND show



Perform at
rewards
evenings



Battle of
the houses



Make new
friends



Ability to play an instrument
preferable – those wanting to
learn an instrument are welcome!



15 SPACES



GOOD
MUSIC
BRIGHTER
FUTURES

ASPIRATION • PERSEVERANCE • RESPECT

*Music
Brings
People
Together*

THE SCHOOL CHOIR



When?

Fridays
3 – 4pm



Where?

The Music
Room

ALL
VOICES
ALL
ABILITIES
ALWAYS
WELCOME

School Choir has played a crucial part in school and community life. We have performed in Cathedral's, The Royal Norfolk Show, featured on local radio and performed for various school events.



No experience
needed – just a
passion for music
and singing.



Great for
mental
wellbeing.



Twice a month
karaoke and
twice a month we
will be working on
a piece of music.



Make new
friends and be
part of something
special.

*Find
your voice*

SING
BELONG
ACHIEVE

ASPIRATION • PERSEVERANCE • RESPECT

LEVEL UP



OPEN ACADEMY'S FIRST
GAMING CLUB

PLAY
COMPETE
MAKE
FRIENDS



When?

Friday
3 – 4.30pm



Where?

English
Classrooms

Join our brand new Gaming Club where you can jump into exciting games, challenge your friends and enter into gaming tournaments and competitions at school!



**PLAY
EXCITING GAMES**

Jump into a variety of games on console.



COMPETITIONS

Take part in fun challenges and competitions.



TOURNAMENTS

Play in tournaments at school against friends.

Game On!



ELECTIVES

COME AND JOIN OUR SIX SESSION
AFTER SCHOOL CLUBS



MAKE NEW
FRIENDS



DEVELOP
NEW SKILLS



BUILD
CONFIDENCE



EXPLORE
YOUR INTERESTS



Each session runs once a fortnight for 6 weeks.

WEEK A

MONDAY	- The History Reading Club 80s and 90s Music Club - Fun with Fimo Modelling Clay
TUESDAY	
WEDNESDAY	Pilates Club
THURSDAY	The Cultural Society

WEEK B

MONDAY	Calligraphy Club
TUESDAY	
WEDNESDAY	The 1% Club
THURSDAY	Viral TikTok Cooking



SIGN UP VIA

ARBOR



ACTIVITIES START THE
FIRST WEEK BACK
AFTER HALF TERM.

THE HISTORY READING CLUB

READ • DISCUSS • EXPLORE



BIG HISTORY
BIG IDEAS



When?

Monday Week A
3 – 3.40pm



Where?

S43

DIFFERENT
PERSPECTIVES
A BRIGHTER
FUTURE

The History Reading Club will give students a chance to embed and extend knowledge of the topics that they are studying in lessons, and to develop awareness and understanding of events that are not covered in our curriculum.

Students can read together and share and discuss ideas, or spend time reading about their own specific interests.

Students will be free to choose what they wish to read and can be guided towards relevant and appropriate texts.

A SMALL
BOOK
CAN MAKE
A BIG
DIFFERENCE

REAL
PEOPLE
REAL STORIES
A BRIGHTER
TOMORROW

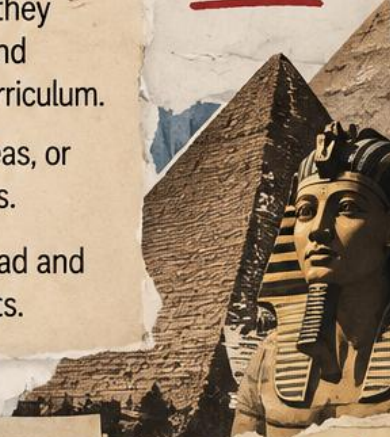
EXPLORE
THE PAST

UNDERSTAND
THE PRESENT

SHAPE
THE FUTURE

“Those who
do not learn
from history
are doomed
to repeat it.”

– George Santayana



80's/90's MUSIC CLUB

EXPLORE THE MUSIC. UNDERSTAND THE MOVEMENT.

LISTEN. ANALYSE. CONNECT.

MUSIC

PEOPLE

CULTURE

CHANGE



When?

Monday
Week A
3 – 3.40pm



Where?

S40



What?

Explore the music, understand the movement! We will listen to, analyse and discuss the biggest artists, albums and movements from the 80's and 90's, and beyond. Discover how music connects to history, culture and society, and explore its lasting influence. Share your opinions, take part in discussions and develop your knowledge and love of music!

YOUR 6-SESSION PLAN

1

**Introduction to
80's/90's music**

Explore the key movements, artists and how music connects to the world around it.

2

Punk and Ska

Fast. Loud. Rebellious. Explore the sound, the message and the influence on the mainstream.

3

Rock and Metal

Big sounds. Big attitude. From arena rock to heavy metal power.

4

**New Romantic and
Electro-Pop**

Style. Theatre. Synths. Art and individuality in the spotlight.

5

Goth and Alternative

Dark. Atmospheric. Intense. Explore the shadows of sound and identity.

6

Your Choice!

Plan and lead a session on an artist, album or movement you're passionate about.

THE CLASH

NIRVANA

BLUR

OASIS

MUSIC
BRINGS
PEOPLE
TOGETHER



CREATE
DESIGN
MAKE
TAKE HOME
♡

FUN WITH FIMO MODELLING CLAY



When?

Monday Week A
3 – 3.40pm



Where?

F23



Time to be creative! If you like designing and crafting and want to make your own keepsake or perhaps a personal gift for someone else, this is for you. We will make some miniature animal models to begin with and then progress to making a keyring, ready for you to take home.



6 SESSION PLAN

SESSION 1



Use the laptops to research Fimo, get some inspo and design your miniature model on paper.

SESSION 2



Working with Fimo, you will create your design. These will be baked ready for our 3rd session.

SESSION 3



You will paint your hardened model with acrylic paints using your design ideas.

SESSION 4



Laptop research for your keyring design, you will hand draw your design idea/s.

SESSION 5



You will design your keyring. These will be baked and ready for session 5.

SESSION 6



You will paint your hardened keyring with acrylic paints using your design ideas.



TURN IDEAS
INTO KEEPSAKES ♡

MOVE
BREATHE
FEEL GOOD



PILATES CLUB



When?

Wednesday Week A
3 – 3.45pm



Where?

Dance Studio

Join our 6 week introduction to Pilates!

Pilates is a low-impact form of exercise that helps to build strength, improve flexibility, increase balance and reduce stress. It's a great way to feel stronger, healthier and more focused.



6 WEEK INTRODUCTION

SESSION 1



What is Pilates?

Learn the basics, focus on breathing and try some simple moves.

SESSION 2



Core strength

Build your core with controlled and effective exercises.

SESSION 3



Balance

Improve your balance and stability with fun, challenging moves.

SESSION 4



Flexibility

Increase your flexibility and mobility with guided stretches.

SESSION 5



Full body

Combine moves to strengthen your whole body and improve posture.

SESSION 6



Feel good

A relaxed session to put everything together and leave you feeling calm, strong and energised.

STRONGER
HAPPIER
CALMER



ALL ABILITIES WELCOME



ASPIRATION • PERSEVERANCE • RESPECT



EXPLORE
LEARN
SHARE
CELEBRATE

THE CULTURAL SOCIETY

DIFFERENT
CULTURES
A BRIGHTER
WORLD
♡

SAME
PEOPLE
SAME PLANET
BRIGHTER
PERSPECTIVES



When?
Thursday
Week A
3 – 3.40pm



Where?
S44

Join us to explore different aspects of cultures from around the world, including food, music, language, dress, traditions and more. Discover new places, share ideas and celebrate what makes our world so diverse!

6 WEEK PLAN

Session One



Food from
different
cultures

Session Two



Music from
different
cultures

Session Three



Dance from
different
cultures

Session Four



Costumes/Dress
from different
cultures

Session Five



Art from
different
cultures

Session Six



Traditions/Customs
and Superstitions
from different
cultures



CULTURES
CONNECT US
♡

Calligraphy CLUB

Beautiful
Writing
Brighter
Ideas

PEN • PRACTISE • CREATE • INSPIRE



When?
Monday
Week B
3 – 3.40pm



Where?
F26

Students will learn how to use a calligraphy pen and a fountain pen, and master the art of beautiful writing for any occasion.

> YOUR 6-SESSION PLAN <

1

Getting Started

Learn how to hold our pen, take care of it, avoid blotches and practice refilling ink. Practice lines and curves.



2

Beautiful Italics (Rounded Shapes)

Learn Italics, focusing on rounded shapes.



3

Beautiful Italics (Capitals)

Learn Italics, focusing on capitals.



4

Writing Sentences

Practice writing sentences first with lined paper.



5

Different Papers

Practice writing with a variety of thicker papers.



6

Your Final Project

Create a project based on your new skills: greeting cards, wall art, wedding cards, writing a poem etc.



Small
strokes
Big progress

CREATIVITY
BUILDS CONFIDENCE

NEW
Calligraphy
Workshop
Series

THINK
SOLVE
TEAM
COMPETE



THE 1% CLUB

BIG
QUESTIONS
BRIGHT
MINDS

QUIZ
CHALLENGE



When?
Wednesday
Week B
3 – 3.40pm



Where?
S20



Test your logic, problem-solving skills and general knowledge through a range of challenging questions inspired by *The 1% Club* TV series. You will work individually and in teams, compete in quiz challenges and develop the skills to become a **Quiz Master** in a topic of your choice.

YOUR 6-SESSION PLAN

1

Session 1
Introduction to
the 1% Club.



Take part in a selection of logic puzzles and percentage-based quiz questions.

2

Session 2
Team quiz challenges.

Work collaboratively to solve tricky questions and explore different strategies for finding answers.



3

Session 3
Themed quiz rounds.

Compete in quizzes across a range of topics, including sport, history, science, geography and popular culture.



4

Session 4
Create your own quiz.

Choose a topic you are passionate about and develop a set of interesting, challenging questions.



5

Session 5
Become a Quiz Master.

Refine your questions, prepare answers and practice presenting your quiz to others.



6

Session 6
The Ultimate Quiz Challenge.

Host and take part in student-created quizzes, competing to become the club's top Quiz Master.



CAN YOU
BEAT THE
1%?

SAME QUESTIONS.
DIFFERENT THINKING.



ASPIRATION • PERSEVERANCE • RESPECT



Viral TikTok Cooking

COOK • CREATE • TASTE • REPEAT



When?
Thursday
Week B
3 – 4pm



Where?
G32



Max
15 students



What?

Each week we will attempt to make a different **TikTok-style dish**, from cookie dough pringles to ... who knows what's next!

Learn new skills, try exciting recipes and discover the latest food trends.



Cost
£12 for
6 sessions



Practical 1:

Viral chocolate pringle tube hack



TRENDING RECIPES
REAL SKILLS