

PSHE AT OPEN ACADEMY

Our school vision **“Courage in every step, faith in every journey”**

PSHE at Open Academy equips students with the knowledge, skills and values to lead healthy, safe and fulfilling lives. Rooted in our school vision of courage and faith, students explore who they are, how they relate to others, and how they can contribute positively to their communities and the wider world. Through honest, well-sequenced and age-appropriate learning, students develop the confidence to make informed choices and the resilience to navigate life’s challenges with integrity.

RESPECT	ASPIRATION	PERSEVERANCE
Students will learn to respect themselves and others, understanding how mutual respect forms the foundation of healthy relationships, communities and workplaces. They will explore diversity, difference and the importance of treating every person with dignity — regardless of background, belief or identity — building the values that underpin a compassionate and just society.	PSHE inspires students to think ambitiously about their own futures — exploring a wide range of careers, pathways and possibilities. Students will learn about financial wellbeing, goal-setting and the steps needed to move from where they are to where they want to be. They will develop a strong sense of agency, self-belief and the understanding that their choices shape their futures.	Students will develop resilience as a core life skill, learning practical strategies to manage setbacks, anxiety and adversity. They will understand that mental health — like physical health — requires ongoing attention and care, and that seeking help and beginning again are signs of courage and strength, not weakness.
SPIRITUALITY	GLOBAL CITIZENS	AWE AND WONDER
PSHE nurtures students’ inner lives through structured opportunities for reflection on identity, values and purpose. Questions such as ‘What matters most to you?’, ‘How do your values shape the choices	Students will develop a broad and honest understanding of global issues including climate change, human rights, conflict and inequality. They will consider their own role	PSHE offers moments of genuine wonder — whether through exploring the extraordinary complexity of the human brain, encountering the breadth of human cultures and beliefs, or hearing stories of resilience

you make?’ and ‘What kind of person do you want to be?’ allow students to explore who they are and what they believe.

These conversations are grounded always in our school values of aspiration, perseverance and respect.

and responsibility within an interconnected world, exploring how individual and collective action — informed by evidence and guided by values — can make a genuine and lasting difference.

and compassion that expand how students see the world. Encountering diverse perspectives and remarkable life stories broadens horizons, deepens empathy and reinforces the belief that every individual life has meaning and value.