

## BTEC Sport and PE AT THE OPEN ACADEMY

Our school vision **“Courage in every step, faith in every journey”**

At Open Academy, Physical Education (PE) provides students with the opportunity to develop their physical fitness, teamwork, and confidence through a wide range of sports and practical activities. Lessons focus on improving key skills such as communication, leadership, and resilience while encouraging students to lead active and healthy lifestyles. Alongside practical participation, students can study the **BTEC Tech Award in Sport** in Year 10/11 as an option, which combines classroom learning with practical application. In this course, students explore areas such as components of fitness, training methods, and the role of sport in promoting health and wellbeing. Assessment is carried out through a mixture of coursework, practical performance, and external assessment, allowing students to demonstrate both their knowledge and their ability to apply it in sporting situations. This approach helps students build a strong understanding of sport while developing valuable skills that can support further study or careers in the sports industry

RESPECT	ASPIRATION	PERSEVERANCE
<p>Respect is a key value in both PE lessons and BTEC Tech Award in Sport at Open Academy. Students are expected to show respect for their teachers, classmates, and the learning environment at all times. In practical PE lessons, this includes following rules, encouraging teammates, listening to instructions, and demonstrating good sportsmanship whether they win or lose. Respect is also shown by looking after equipment and ensuring that everyone feels included and supported during activities. In BTEC Tech Award in Sport lessons, respect is demonstrated through positive classroom behaviour, listening to others’ ideas, working cooperatively in group tasks, and valuing different opinions when discussing topics related to sport and fitness. By promoting respect across both practical and theory lessons, students help create a positive learning environment where everyone can participate, learn, and achieve their best.</p>	<p>Aspiration is an important value in both PE lessons and BTEC Tech Award in Sport at Open Academy, encouraging students to aim high and work hard to achieve their goals. In PE lessons, students are encouraged to challenge themselves, improve their performance, and develop new skills through regular practice and effort. They are supported to set personal targets and strive to achieve their best, whether that is improving their fitness, mastering a new technique, or contributing positively to a team. In BTEC Tech Award in Sport lessons, aspiration is shown through students taking pride in their coursework, developing their knowledge of sport and fitness, and working towards the best possible grades and target grades. Students are encouraged to think about future pathways in sport, such as further education or careers in the sports industry, helping them stay motivated and ambitious in their learning.</p>	<p>Perseverance is an important value in both PE lessons and BTEC Tech Award in Sport at Open Academy, helping students to stay motivated and continue working hard even when tasks are challenging. In PE lessons, students are encouraged to keep trying when learning new skills, improving their fitness, or competing in activities, understanding that progress comes through effort and practice. They are supported to learn from mistakes, stay positive, and keep pushing themselves to improve. In BTEC Tech Award in Sport lessons, perseverance is shown through students completing coursework carefully, responding to feedback, and continuing to develop their understanding of topics such as fitness, training, and performance. By demonstrating perseverance in both practical and classroom learning, students build resilience and confidence that supports their success in sport and in their wider education</p>

Spirituality	Global Citizens	Awe and Wonder
<p>In PE and the BTEC Tech Award in Sport at Open Academy, spirituality is usually developed through students’ personal growth, self-awareness and values in physical activity, rather than religion. It is shown when students reflect on their performance, experience emotions (e.g. pride, resilience), and express themselves through activities like dance or teamwork. In practical lessons, spirituality is built by promoting respect, teamwork, fair play and empathy, helping students feel connected to others and understand their own strengths and limitations.</p> <p>Within the BTEC Tech Award in Sport, this links to units on performance and personal development, where learners analyse behaviour, mindset, and values in sport—supporting a holistic understanding of both physical and personal wellbeing.</p>	<p>In PE and the BTEC Tech Award in Sport at Open Academy, global citizenship is developed by helping students understand and respect different cultures, backgrounds and perspectives through sport. This can include learning about international sports, diverse athletes, and how sport connects people worldwide. In practical lessons, students demonstrate global citizenship through inclusion, respect, and fair play, working positively with others regardless of ability, culture or identity. They learn to challenge discrimination and value diversity within team settings.</p> <p>Within the BTEC Tech Award in Sport, this is reinforced through topics such as ethics, behaviour and the impact of sport on society, encouraging learners to think about sport as a global platform for unity, equality and social change.</p>	<p>In PE and the BTEC Tech Award in Sport at Open Academy, awe and wonder are developed by helping students experience enjoyment, curiosity and inspiration through physical activity. This can occur when students try new sports, improve their performance, or witness high-level skills and achievements in others.</p> <p>In practical lessons, students experience awe and wonder through challenging themselves, exploring movement, and appreciating physical capabilities, whether in their own progress or in teamwork and competition. Activities like dance, gymnastics or outdoor education can be particularly powerful in creating a sense of creativity and achievement.</p> <p>Within the BTEC Tech Award in Sport, this is reinforced by studying elite performers and the science behind performance, encouraging learners to feel inspired by human potential, achievement and the possibilities within sport.</p>