FOOD **GLORIOUS** FOOD





Aspens



Great tasting healthy food

We are the company This leaflet gives an chosen to provide your school meal service. We specialise in providing catering for schools and are passionate about serving fresh, high quality and locally sourced food that is cooked in our kitchen.

We use British, Red Tractor Farm Assured meat, fish from sustainable sources. free range eggs and locally sourced fruit and vegetables.

The food you eat at school plays an important role in your wellbeing, and eating a well-balanced diet will not only maintain and improve your health, but also set you on the right track for later life.

overview of our caterina service so you know what to expect when you come to visit our catering outlets.

WHAT'S ON THE WENUS

and drinks available at

the day.

Our Commitment to Food Allergens







2nd March, 23rd March, 13th April, 4th May, 25th May, 15th June, 6th July, 27th July, 7th Sept, 28th Sept

WEEK ONE



MONDAY

TUESDAY

WEDNESDAY

KITCHEN

weekly

based

Bangers & Mash Pork sausage with mash, peas and onion gravy

Burger Bar Patty & Bun with Sriracha dirty slaw and dusted wedges

Roast Chicken Served with crisp roasties, seasonal cabbage and gravy

Creamy Quorn

Chicken Curry Marinated chicken thigh in a mild curry sauce with rice Cucumber raita and Kachumber

THURSDAY

Fish & Chips

FRIDAY

Salt & Vinegar battered fish fillet with chips and peas

Beet Burger

Beetroot & feta burger with mint voahurt green salad and chips

Bangers & Mash

mash, peas and onion aravv

Quorn sausage with Vegetarian patty & Bun with Sriracha dirty slaw and dusted wedges

Burger Bar

pie Quorn & Veg puff pie with crisp roasties, seasonal cabbage and

aravy

Lightly spiced sweet potato, chickpea and lentil curry with rice, cucumber raita and Kachumber

Sweet Potato

Balti

Our Hot Deli Range includes fresh dough pizzas, pasta & noodle pots, filled jacket spuds & paninis hot chicken wraps, wings & dusted wedges. We rotate our range throughout the week.

Hat DELI

VEGGIE DISH

TRADITIONAL

DELICIOUS DESSERTS

Old school sponge and custard cake

Sticky orange Baked American style cheesecake

Chocolate brownie

Ice cream tub

Free School Meals

WORLD

World Kitchen is our

traditional hot food

offer. Our exciting

on

world and includes

a range of hot and

tasty puddings.

from around

menu

food

the

apply-free-school-meals

World Kitchen



Cold Deli

We have a great range of homemade savoury and sweet items. Choose from our freshly baked baguettes, rolls, wraps,sandwiches and salads. For afters ... a range of cold desserts, homemade cakes, biscuits and fruit pots will be waiting!

HOI

Our range of hot deli items includes hot marinated chicken wraps, paninis, topped jackets, freshly prepared pizza slices and fresh pasta with a variety of homemade sauces.



We have a range of meal deals on offer every day. Whether you fancy something hot or you are in a hurry and want to grab and go - there will be a deal for you.

> **Promotions** DEALS





